



Population 7,705*



Chris Siegner, Director
Harney Behavioral Health
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Mental Health and Addictions Services

Screening and 24-hour Crisis

Harney Behavioral Health
(541) 573-8376
348 West Adams, Burns

Developmental Disabilities

Screening

Community Counseling Solutions
(541) 573-7621
348 W Adams St, Burns

Harney County Court:



Steven "Steve"
E. Grasty, Judge



Jack Drinkwater



Dan Nichols

County government is the local fiscal agent for state funds and provides program oversight and facilitation of local system planning.

Mental Health Services

Prevention and Early Intervention

Early Childhood Center (Burns)

Outpatient

Screening and assessment, 24-hour crisis intervention, medication management*, case management, individual and group therapy

Acute Care

Oregon State Hospital (Salem), Harney District Hospital (Burns)

Residential Services

Adolescent: Kirkland Institute (Burns)
Adult: Independence Place (co-occurring disorders treatment*, Hines)

Recovery Supports

Peer supports, drop-in center*, case management/ wraparound*

* An Evidence-Based Practice

*Population Research Center, PSU, March 2009

Harney Behavioral Health

provides and coordinates mental health and addictions services, quality improvement and utilization management of state-county shared services

Addictions Services

Prevention

School-based substance abuse education to students of the Burns-Hines School District, alternative activities for youth coordinated by the High Desert Parks and Recreation, early intervention services provided through the Early Childhood Center

Treatment

Outpatient: screening and assessment, individual and group therapy, co-occurring disorders treatment*

Residential treatment at Independence Place (Hines) and referrals to providers statewide; no in-county detox providers
Youth services: Kirkland Institute

Recovery

Peer-delivered services, drop-in center*, case management, supported employment*, childcare (Early Childhood Center)

* An Evidence-Based Practice

Drug Court*

Hon. William D. Cramer, Jr., Presiding Judge

Mental health and substance abuse treatment provided by Harney Behavioral Health

Developmental Disabilities Services

contracted to Community Counseling Solutions by the State of Oregon Seniors & People with Disabilities Division

Program Administration

Eligibility determination, foster care licensing, family support, contracts, protective services and adult support services. Quality assurance contracted to Eastern Oregon Regional Program

Service Coordination

Referral, person-centered planning, monitoring, advocacy, and information and training. Long-term crisis services contracted to Eastern Oregon Regional Program

Residential, Vocational and Transportation Services

The state Seniors & People with Disabilities Division contracts outside of the local planning and quality assurance process for adult support services with **Eastern Oregon Support Services Brokerage**

Harney Behavioral Health is homegrown from its director to its peer mentors

The story of John is also the story of Harney Behavioral Health. In 2002 John was a young man who had recently purchased a home. He had been diagnosed with a bipolar disorder in 1992 and had been psychiatrically hospitalized on at least three occasions. During the winter of 2002 John was experiencing severe symptoms of mania, which were causing him to damage the home that he so much cared about and was attempting to remodel. As a relatively new mental health director when I became aware of John my first reaction was to focus on the symptoms that he was displaying and how potentially dangerous they were to him. John was ultimately placed on a hold and taken to the local hospital. He was then transported to Blue Mountain Recovery Center. During this process he was civilly committed for 180 days. Upon discharge from the hospital John returned to the community somewhat angry and frustrated at having been committed to a psychiatric institution.

The mental health clinic was concerned about John's stability and continued to provide case management services. Over time a relationship between John, his case manager, and the mental health clinic began to grow. This was a slow-developing relationship that was built on trust. During this time John was granted approval for Social Security Disability and also allowed himself to be seen by the Harney Behavioral Health psychiatrist. This resulted in a medication change that had a positive impact on John's symptoms.

Eventually John became a member of the Behavioral Health Advisory Committee for this community. He offered his own personal insights and knowledge so that the community mental health program could learn from his experiences. About a year and a half ago, John began training as a peer counselor. He completed the peer counselor certification through Greater Oregon Behavioral Health and now helps run the local drop-in center on a weekly basis. In addition to that, he provides individual peer counseling services to other consumer members in the community.

John has maintained his independence now for many years and is an important part of the treatment services offered at the mental health clinic. He symbolizes the idea of what recovery is all about. He has helped shape the mentality of the clinical staff by providing the

example that people can and do recover from severe psychiatric illnesses. John and I also share a common background. We both grew up in this community and had several of the same friends during our high school years, even though we didn't know each other at that time. Over the years, our life experiences have been very different, but ultimately we have come back together for a common purpose and support one another in what we are trying to accomplish.

Harney Behavioral Health is very lucky to have John as a member of its team and we are incredibly grateful that the relationship has evolved from fear and mistrust to mutual respect.

-Chris Siegner, Director
Harney Behavioral Health



John
Harney Behavioral Health Peer Counselor