



Population 37,695*



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Clatsop Behavioral Healthcare
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Mental Health

Screening and 24-Hour Crisis

Clatsop Behavioral Healthcare
(503) 325-5722
#10 Sixth Street, Suite 102, Astoria

Addictions

Screening and Crisis Services

LifeWorks Northwest
(503) 338-6990
2911 Marine Drive, Astoria

Developmental Disabilities

Screening and Crisis Services

Columbia Community Mental Health
(503) 325-1588
#10 Pier One, Suite 308, Astoria

Clatsop County Board of Commissioners:



Jeff Hazen,
Chair



John Raichl,
Vice-Chair



Dirk Rohne



Patricia Roberts



Ann K. Samuelson

County government is the local fiscal agent for state funds and provides accounting, legal, and human resources services as well as county general fund and in-kind contributions of county-owned land and facilities.

Mental Health Services

contracted to Clatsop Behavioral Healthcare, Inc.

Prevention and Early Intervention

Early Assessment and Support Team (EAST)*, Intercept school outreach, services to Headstart, crisis evaluation and intervention, pre-commitment investigations, protective service investigations

Outpatient

Screening and assessment, medication management and case management, individual and group counseling, cognitive behavior therapy*

Child & family: diagnosis and assessment, counseling, skills training, family care coordination, intensive community treatment services, wraparound*

Community Housing and Residential Services

Rural Oregon Leasing and Support, supported housing* (The Glade), community supported housing

Acute Care

Oregon State Hospital, Providence (Portland)

Recovery Supports

Peer Warm Line, peer drop-in center*, supported employment*, wraparound*

Services to Special Populations

Jail services

* An Evidence-Based Practice

*Population Research Center, PSU, March 2009

Clatsop County Health & Human Services

oversees mental health, addictions and developmental disabilities services, quality improvement, and utilization management of state-county shared services

Developmental Disabilities Services

contracted to Columbia Community Mental Health, Inc.

Program Administration

Eligibility determination, quality assurance, foster care licensing, family support, contracts, protective services and adult support services.

Service Coordination

Crisis services, referral, person-centered planning, monitoring, advocacy, and information and training.

Vocational and Transportation Services

Residential Services contracted to Coast Rehabilitation

The state Seniors & People with Disabilities Division contracts outside of the local planning and quality assurance process for adult support services with **Integrated Services Network**

Addictions Services

contracted to LifeWorks Northwest

Prevention

Make Parenting a Pleasure*, Strengthening Families* (in English and Spanish), Reduce Underage Drinking Taskforce, supported education* for children of addicted parents, Friendly PEERSuasion* (after-school program for middle school girls). Monthly radio program. Technical assistance to the Commission on Children and Families (Project Northland* in public schools); staff support to the Commission's parenting training advisory committee

Treatment

- Outpatient treatment: individual and group therapy (Spanish and English); women's intensive outpatient treatment group (for mothers in danger of losing custody of their children) includes three evidence-based practices: Matrix Model, Seeking Safety, and Making Parenting a Pleasure
- Detox: Hooper in Portland
- Residential treatment: referrals to providers statewide; two indigent beds, one at Astoria Point, one at Pathways in St. Helens which is maintained cooperatively through contributions from Clatsop and two other counties)

Recovery

- Drug-free housing: Pioneer House homeless shelter
- 12-step programs; Dual-Diagnosis Anonymous coming soon

Additional and enhanced services through local partnerships

- Court-mandated DUII & MIP treatment on contract with juvenile department and community corrections
- "Restored Hope" program at Warrenton Transition Center on contract with community corrections
- Free outpatient treatment for students at Warrenton, Seaside Knappa, and Astoria High Schools on contract with United Way and the county youth services team
- Juvenile & adult family drug courts* treatment service provider, with enhanced services made possible by a Criminal Justice Commission grant, including acupuncture therapy and "Staying Connected with Your Teen" parent skills training

Adult & Juvenile Drug Court* Family Dependency/Drug Court*

Hon. Philip L. Nelson,
Presiding Judge

Hon. Paula Brownhill,
Presiding Judge

Treatment funded by County General Fund and a grant from the Criminal Justice Commission and provided through LifeWorks "Restored Hope" program

* An Evidence-Based Practice



Kerry, working Clatsop County's shift on the statewide Peer Warm Line.

The Ivy Leaguer Leads Clatsop County Peer Community

Degrees from Harvard and Stanford were not proof against a debilitating mental illness. Kerry started out as an elite architect with all the stress and competition that goes with it. "I would run out of money between projects and panic", he said. His panic led to stress reactions that landed him in hospitals "a dozen times over the years." Then came the day he found himself sick and homeless in Clatsop County.

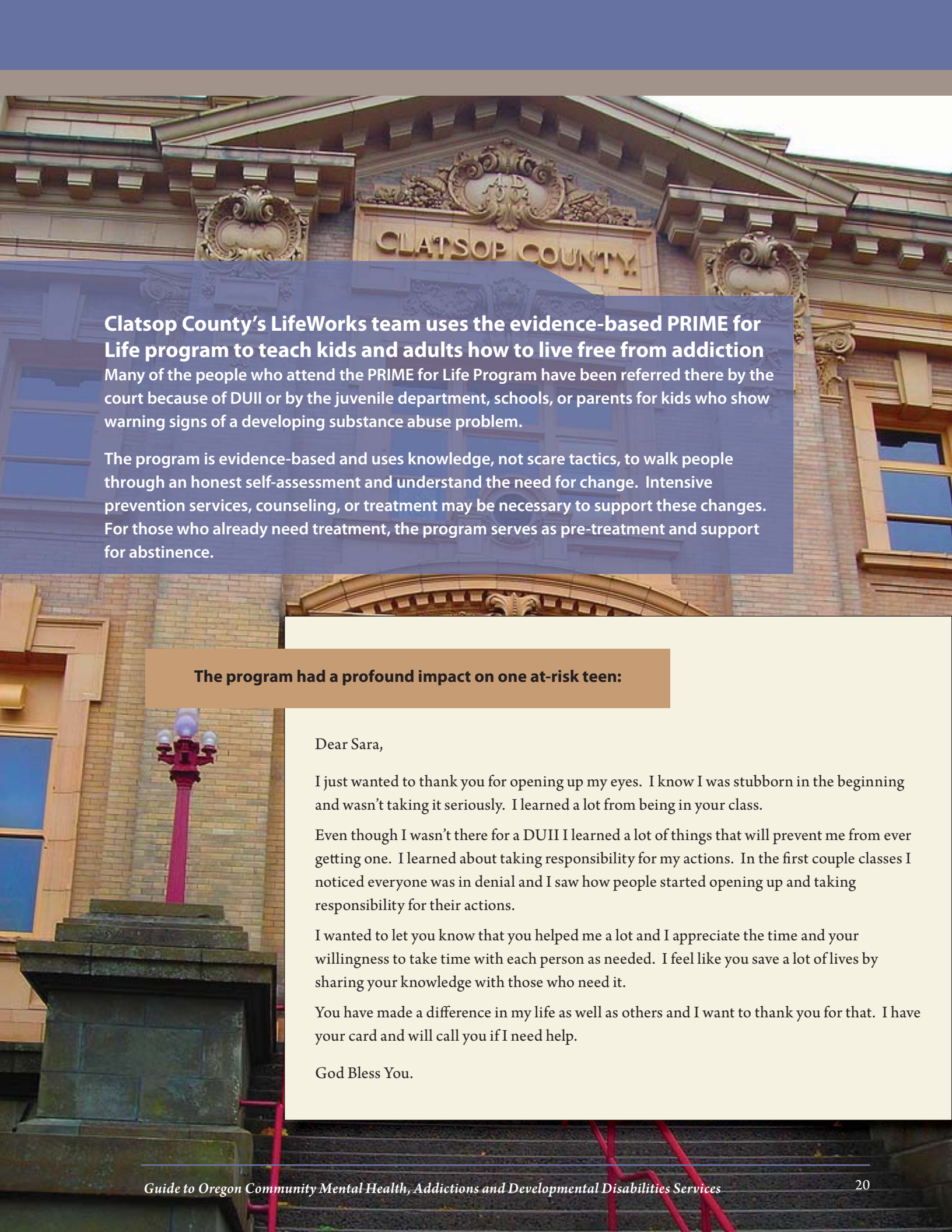
With no alternative left but to face the illness that had been creeping up on him for years, Kerry turned to Clatsop Community Mental Health to get his health and his life back.

When he came back to life, stabilized and having learned to manage the symptoms of his illness, Kerry began taking classes in peer counseling and found a new profession that includes advocacy and peer counseling for mental health consumers.

In late 2006, he began working as a member of a committee comprised of two peers and two providers to initiate a pilot project at Open Door, the drop-in/day treatment center. The purpose of the pilot project was to increasingly include peers in the running of Open Door. After discussions and technical assistance from a peer mentor through Greater Oregon Behavioral Health Inc. (GOBHI), Kerry and the peer executive committee began taking charge of a lunch program, groups, and activities, and began providing assistance to other peers.

Kerry's recent focus is the peer-staffed Oregon Warm Line. The Warm Line is an 800 number that recognizes, according to the Warm Line flier, that "People just want to be heard." Consumers can "Call to have a confidential conversation with a peer who will listen without judgment or criticism." Kerry has been the prime mover to get Clatsop County peers involved in the Warm Line, and has assisted in training his peers in Clackamas County to increase staffing of the statewide Warm Line by a few more hours per month.

In addition to the success Kerry has made of his own life, he has made himself available to others who are searching for their own successes. As the Warm Line poster promises, "Together we can learn and grow."

The background of the page is a photograph of the Clatsop County Courthouse. The top portion shows the ornate facade with the words "CLATSOP COUNTY" in large, gold-colored letters. Below this, a semi-transparent blue box contains text. The bottom portion of the page shows a stone fountain with a red lamp post, with a semi-transparent white box containing a testimonial. The bottom of the page features a red metal railing and a dark stone base for the fountain.

Clatsop County's LifeWorks team uses the evidence-based PRIME for Life program to teach kids and adults how to live free from addiction

Many of the people who attend the PRIME for Life Program have been referred there by the court because of DUII or by the juvenile department, schools, or parents for kids who show warning signs of a developing substance abuse problem.

The program is evidence-based and uses knowledge, not scare tactics, to walk people through an honest self-assessment and understand the need for change. Intensive prevention services, counseling, or treatment may be necessary to support these changes. For those who already need treatment, the program serves as pre-treatment and support for abstinence.

The program had a profound impact on one at-risk teen:

Dear Sara,

I just wanted to thank you for opening up my eyes. I know I was stubborn in the beginning and wasn't taking it seriously. I learned a lot from being in your class.

Even though I wasn't there for a DUII I learned a lot of things that will prevent me from ever getting one. I learned about taking responsibility for my actions. In the first couple classes I noticed everyone was in denial and I saw how people started opening up and taking responsibility for their actions.

I wanted to let you know that you helped me a lot and I appreciate the time and your willingness to take time with each person as needed. I feel like you save a lot of lives by sharing your knowledge with those who need it.

You have made a difference in my life as well as others and I want to thank you for that. I have your card and will call you if I need help.

God Bless You.