



**POSTER PRESENTATION PROPOSAL FORM**

Please complete this form and submit electronically to Glenda Rogers at [groggers@capcog.org](mailto:groggers@capcog.org) indicating "2010 TCoA Poster Presentation Proposal" in the subject line. Should you have questions about the proposal process, please contact Glenda at 512.916.6053.

Proposals are due by Friday, October 30, 2009 and may only be submitted via email.

SESSION INFORMATION	
<b>POSTER PRESENTATION TITLE:</b> <i>(The presentation title should simply be a one-line heading for your poster session.)</i>	Marital Quality and Aging-Well: A Research in Greece
<b>PRIMARY PRESENTER NAME:</b> <i>(Individual who develops poster session, creates poster and associated materials, and attends the session.)</i>	Yvonne Harahousou
<b>TITLE:</b>	Professor, Dr.
<b>ORGANIZATION:</b>	Democritus University of Thrace
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(Attach a brief, **maximum one-page**, biography or vita for this presenter.)

*Curriculum Vitae of Professor Dr. Yvonne Harahousou*

Dr. Yvonne Harahousou is a Professor in Sport Sociology and Leisure in the department of Physical Education and Sports Sciences in Democritos University of Thrace, Greece. Her teaching and research interests are in the area of Sports Sociology and Leisure with an emphasis on Aging people and Women Issues. She has been a founding member and served on the executive committee of the European Research Group for the Elderly and Physical Activity (EGREPA) and Chair of the World Leisure Committee on Leisure in Later Life for several years. She was a member of the European Sport Conference Committee concerning "Women and Sport", and a board member of the Women Sport International Association (WSI), while she is the founder and the President of the Hellenic Association for Advancing Women and Sport (PEPGAS). She has participated as a Greek partner in the European Network for Actions in Physical Activity for Older People (EUNAAPA) for two years (2006-2008) and she is currently participating in another European project called "Building Policy Capacities for Health Promotion through Physical Activity among Sedentary Older People". She has been the author and co-author of several research papers and has also participated in numerous professional meetings.

<p><b>POSTER PRESENTATION DESCRIPTION:</b></p> <p>(Please write a concise, action oriented description that provides important facts and generates excitement about the poster session. Focus on your primary session objective and let potential participants know what you expect will happen as a result of the session. <b>Please limit your description to 150 words.</b> Include in the description, what you want participants to learn and the relevance of the poster session to the field of aging. This description will be the basis of text used in promotional materials.)</p>	<p>An increase in aging population seems to have triggered off an increase in the number of married couples growing old together. Marital quality therefore is expected to play an important role in older people's "aging well". The aim of the present study was to examine the degree that marital quality of older people affects their ageing well. Two hundred married people, 90 men and 110 women, aged 55 to 80+, were interviewed for the data collection. The findings revealed the following: A) All parameters that measured the marital quality were positively correlated with older participants "ageing well". B) Among these parameters "sexual relationship", "egalitarian roles" and "religious orientation" were significantly differentiated across gender, age, place of residence, education, and socioeconomic status. C) Marital quality predicted (76.4%) of participants "ageing well". From the results it is concluded that the marital quality seems to be a good predictor of older people's "aging well" in Greece.</p>
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**The need for Special Accommodations will be respected. Please note what considerations you will require:**

<p>Nothing special</p>
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**THANK YOU FOR YOUR POSTER PRESENTATION PROPOSAL**