

Conversations with Caregivers

FREE CLASSES FOR ALZHEIMER'S/DEMENTIA FAMILY CAREGIVERS

SUMMER - FALL 2005

TOPICS INCLUDE:

- Understanding and Acceptance
- Preparing for the Future – Financial, Legal and Health Care
- Safety for You and Your Family Member Adapting to the Home Environment
- Communication – The Key to Quality of Life for You and Your Partner
- The Necessities of Daily Life – Hints for Getting Things Done With, Not Just for Your Partner
- Keeping Busy and The “Fun Stuff”

Classes facilitated by professional staff of
The George G. Glenner
Alzheimer's Family Centers, Inc.®

**CALL
RACHEL FARIAS,
PROGRAM DIRECTOR
FOR MORE INFORMATION
1-800-736-6674**

**Free Adult Day Care at the Glenner
Centers during day classes.
(Pre-registration required subject to availability)**

Funded by


THE CALIFORNIA ENDOWMENT

UPCOMING CLASS

HOSTED BY



*The George G. Glenner
Alzheimer's Family Centers, Inc.®*

CONVERSATIONS WITH CAREGIVERS

HILLCREST CENTER

3702 FOURTH AVENUE, SAN DIEGO

**THURSDAYS - SEPTEMBER 1, 8 & 15
9:30 AM – NOON**

HOSTED BY



**CITY OF
SAN MARCOS
CALIFORNIA**

COMMUNITY CENTER

3 CIVIC CENTER DRIVE, SAN MARCOS

**THURSDAYS - SEPTEMBER 15, 22 & 29
9:30 AM – NOON**

**SESSIONS CONSIST OF 3- TWO
AND A HALF HOUR CLASSES**

Presented by



*The George G. Glenner
Alzheimer's Family Centers, Inc.®*

Serving San Diego County Since 1982

**Your community resource leader for adult day health care
And professional and family caregiver education.**