



Tillamook County

Population 26,060*



Frank Hanna-Williams , Director
Tillamook Family Counseling
(503) 842-8201
frankhw@tfcc.org

Mental Health, Addictions and Developmental Disabilities Services

Screening

(503) 842-8201

906 Main Avenue, Tillamook

24-hour Crisis

(503) 842-8201

Tillamook County Board of Commissioners:



Charles J. Hurliman



Tim Josi



Mark Labhart

County government is the local fiscal agent for state funds and provides program oversight as well as county general fund to local mental health services.

Mental Health Services

Prevention and Early Intervention

Early Assessment and Support Team (EAST)*, Positive Parenting*, Strengthening Families*, Parenting Now, school-based education groups

Adult, Child and Family Outpatient Services

24-hour crisis intervention (including on-call assessments at Tillamook County General Hospital), pre-commitment investigations, screening and assessment, medication management*, case management, individual and group therapy, co-occurring disorders treatment*, parent-child interactive therapy*, multi-family psychoeducation group*, cognitive behavioral therapy*, illness management & recovery*

Community Housing and Residential Services

Stewart House adult foster home

Acute Care

Oregon State Hospital (Salem), Salem Hospital, Good Samaritan Hospital (Corvallis)

Recovery Supports

- New Solutions (Children's System Change Initiative and Children's Wrap Around Project)*
- A Place of Our Own* (peer-run recovery resource) in Tillamook

Programs Unique to Special Populations

- Dual-diagnosis treatment*
- Seeking Safety*
- Grandparents Parenting Grandchildren*
- Women's Anxiety/Depression Treatment group

* An Evidence-Based Practice

*Population Research Center, PSU, March 2009

Tillamook Family Counseling Center, Inc.

provides and coordinates mental health, addictions and developmental disabilities services, quality improvement and utilization management of state-county shared services on contract with Tillamook County

Addictions Services

Prevention and Early Intervention

Prevention curricula in schools, community underage-drinking coalition, school-based prevention initiatives, monthly public education series news articles, assessments of children at schools and juvenile court

Treatment

Outpatient treatment: case identification (self-referral, parole & probation), assessment, individual, group and family therapy for youth and adults, co-occurring disorders treatment*, Seeking Safety*

Detox and residential treatment: referrals to nearest providers in Portland, Newport, Salem and others across the state

Recovery

Serenity Club* (peer-run recovery resource)

* An Evidence-Based Practice

Developmental Disabilities Services

Program Administration

Eligibility determination, quality assurance, foster care licensing, family support, contracts, protective services.

Service Coordination

Crisis services, referral, person-centered planning, monitoring, advocacy, and information and training.
(Crisis diversion services provided by Region 3 intercounty partnership)

Residential, vocational and transportation services provided on contract by Marie Mills, Inc.

The state Seniors & People with Disabilities Division contracts outside of the local planning and quality assurance process for adult support services with **Integrated Services Network**

Tillamook County community partners come together to serve kids

The Tillamook County Family & Youth Services Team is the tool adopted by Tillamook County health and human service partners to realize integrated, wraparound service plans for Tillamook County families.

Beginning in the mid-1990's, community partners identified the need to better coordinate services to families, increase communication between agencies and organizations serving the same families and provide earlier referral and interventions to children and their families. The Family & Youth Services Team came into existence in 2001.

The Team is a multi-disciplinary, community-based and community-owned approach to problem solving. Family plans are individualized and strength-based. Families have access, voice and ownership of the process. Strong collaborations provide unconditional support with changing family needs. Informal supports such as friends, neighbors and coaches are encouraged. The Team process is inclusive, honoring diverse community views and individual culture, values and preferences.

During this past fiscal year, the Family & Youth Services Team became an ongoing program of Tillamook Family Counseling Center, Tillamook County's contracted community mental health program. Supported by a range of funders (including DHS-Child Welfare, local Commission on Children and Families and county school districts), the staffing and process of community teams working with families and youth is truly a "partnership".

Our mission is to strengthen and support the well-being of all families in Tillamook County through education, support and linkages to community resources. Some of the challenges our families face are child care & health care access, need for parenting skills, housing, unemployment, disabled family member, isolation, mental illness and addictions.

Current Team staffing includes a full-time coordinator. The ability to facilitate community teams and to advocate on behalf of youth and families is an essential role of the coordinator. Typically, the caseload is 25-30 families.

Additionally, collaboration with DHS-JOBS has resulted in the hiring of a Program Assistant. This position has been added to both support the Team's ongoing activities and to provide limited support functions for the county Youth Alcohol/Drug Prevention Coordinator.

Blending staff and resources between local agencies improves quality and maximizes public dollars

Tillamook Family Counseling Center (TFCC) and the Commission on Children and Families (CCF) are in their second year of another partnership aimed at coordinating both prevention services and ongoing planning related to youth and a broad range of risky behaviors. Currently, the county's Alcohol/Drug Prevention Coordinator is a TFCC employee who is housed within the CCF offices. This arrangement is maximizing the strengths of both agencies.

As a result of this partnership, the Youth Prevention Coordinator is able to work with youth and families and community coalitions plus take an active role in planning and grant writing.



Jamie Sorensen (Program Assistant), Marlene Putman (Executive Director, Commission on Children & Families), Carmen Larson (FYST Coordinator), Daeh Christensen-Carney (Youth Addictions Prevention Coordinator).