



Population 31,675*



Greg Schneider , Director
Lifeways, Inc.
(541) 276-6207
gschneider@lifeways.org
www.lifeways.org

Mental Health, Addictions, and Developmental Disabilities Services

Screening

Lifeways Ontario
(541) 889-9167
702 Sunset Drive, Ontario

24-Hour Crisis Services

(800)995-9169

Peer Warm Line

(800) 698-2392

Community Connection Network Health Department

(541) 889-7279 or

Treasure Valley Pediatrics

(541) 889-2668

Lifeways, Inc

provides and coordinates mental health, addictions and developmental disabilities services, quality improvement and utilization management of state-county shared services

Mental Health Services

Prevention and Early Intervention

Outreach, parent education, teacher/staff in-service training and therapy groups for students at Early Childhood and Malheur School District, in-home child and parent skills training, and coordination and screening of clients at Department of Human Services, Law Enforcement and Juvenile Justice. Lifespan Respite to assist with people who care for a loved one 24/7 and need a break in order to continue giving that care.

Outpatient Services (adult, child, co-occurring* and bilingual)

Lifeways Inc. provides comprehensive mental health services for all citizens in Malheur County: 24-hour crisis services, daily walk-in clinic for screening and referral, individual, family and group therapy, parenting groups, trauma based groups, intensive case management*, pre-commitment investigations, determination and coordination of acute care services, and non-inpatient alternative local resources to maintain individuals in the least restrictive treatment setting (crisis respite, behavioral attendants, etc).

Bilingual/Bicultural: We have support staff, a therapist, and a skill trainer who are bilingual and bicultural. Individual, family and group therapy, parenting groups, and in-home skills training provided in Spanish. **Co-Occurring disorders treatment:** Regional gambling treatment, and dual diagnosis groups

Psychiatric Services: We have two Board Certified psychiatrists, one Psychiatric Nurse Practitioner, fulltime RN and CNA.

Intensive Community-Based Treatment and Support Services (ICTS)*:

Children who are at risk of being hospitalized can remain in the community and receive services through the ICTS program. Child and Family Teams or Community Resource Teams (CRT), treatment foster care, crisis respite, determination and coordination for higher levels of care (inpatient and residential), mentoring, and wrap around services*.

Community Support Services (chronic care management for adults and Psychiatric Security Review Board placements)

Community Support Services assists seriously and persistently mentally ill people with daily living functions. 24-hour crisis services, individual and group therapy, dual diagnosis groups, education and life skills, intensive case management, financial and medication management*, peer mentors, peer directed services, Peer Warm-Line, crisis respite, supported* and residential housing (Burdic House, North Oregon and Fourth Avenue), and wraparound services*. Silver Sage Consumer Group (a peer directed consumer/support group), Mental Health Court, and Supported Employment*.

Acute/Subacute Care

Oregon State Hospital (Salem), McNary Place (Umatilla) Secure Residential Treatment Facility (multi-use facility provides secure residential treatment for Psychiatric Security Review Board placements, protective holds, acute inpatient psychiatric care, subacute care, crisis respite, 24-hour community crisis intervention, screening and referral, and bilingual/bicultural outpatient treatment.

* An Evidence-Based Practice

*Population Research Center, PSU, March 2009

Malheur County Court:



Dan P. Joyce, Judge



Jim Nakano



Louis M. Wettstein

County government is the local fiscal agent for state funds and provides program oversight and facilitation of local system planning.

Addictions Services

Prevention and Early Intervention

Prevention curricula in schools contracted to Malheur Commission on Children & Families, alternative activities for youth include Boys & Girls Club, Season Youth Program Drop-in Center (Ontario), Thunderegg After School Center (Nyssa), Malheur Youth Conservation Corps, early intervention includes Project DOVE domestic violence prevention, education, and shelter, TVCC Children's Nursery Child Care Services, Seasons Youth Shelter for runaway and homeless youth

Treatment for adults, women, youth, Spanish-speakers: Screening and assessment, problem gambling and sex offender treatment, individual, group and family therapy, co-occurring disorders treatment*

Residential Treatment

Detox: Stark Medical Clinic (Ontario)

Recovery

Case management, Cascade Ride East Volunteer Transport for OHP, Child Care Resource and Referral (Ontario)

* An Evidence-Based Practice

Developmental Disabilities Services

Program Administration

Eligibility determination, quality assurance, foster care licensing, family support, contracts, protective services.

Service Coordination

Crisis services, referral, person-centered planning, monitoring, advocacy, and information and training.

Residential, Vocational and Transportation Services contracted with Lifespan Respite, Snake River Transportation Service, Training & Employment Consortium, Independent Living Program

The state Seniors & People with Disabilities Division contracts outside of the local planning and quality assurance process for adult support services with **Eastern Oregon Support Services Brokerage**

Stop Addiction For Ever (SAFE) Adult Drug Court* and Mental Health Court*

Hon. Patricia A. Sullivan, Presiding Judge

Teen Court*

Hon. J. Burdette Pratt & Hon. Patricia A. Sullivan, Presiding Judges

Treatment funded by uninsured participants out of pocket on a sliding fee scale, by the Oregon Health Plan substance abuse benefit, and by court fees. Treatment provided by Lifeways, Inc.

Success in Malheur County

October 3, 2008

Dear Friends,

I started out in foster care when I was two or four, I can't remember. I also don't remember how many places I have lived, it is about thirty. Every time I would have a visit from a caseworker I would think, this is it, I am getting out. I would finally meet the family that I would get to go to and live with forever.

It never happened. I tried to be good. I would stay for a while, get used to it and then have to move. I started to never unpack my boxes, bags or suitcases. I would take out what I needed and that was all. I sunk into a deep desolation and built walls to keep people out. I liked to sit in the dark by myself and wouldn't do anything with the families I lived with. I was scared to show anybody who I was.

I never seemed to get any attention, there was always someone else that they were always paying attention to. So I lied. I lied a lot. I stole. I was jealous. I ran away, mostly from my problems. I blamed everything I did on not having a mom and a dad. It was never my fault and I never learned from my mistakes for the longest time. I was sent away to group homes, therapeutic homes, and other programs that tried to help me. I didn't let them.

When I was 14, I was enrolled in Intensive Children's Treatment Services in Malheur County. I was able to stay in a home where I felt safe and where they hugged me. For the first time in a long time I unpacked all my stuff. They invited me out of my room and wouldn't let me stay in there. Suddenly it seemed like I was surrounded by a lot of people that were there to help me and weren't going to let me fail. Almost too many, sometimes! I had a mentor through Lifeways, a caseworker through DHS, a therapist at Lifeways, Tammy from CASA, a girl's group at Lifeways, a therapist from ESD, a skills trainer from Lifeways and my foster family.

I pushed the rules and pushed people's buttons to see if they were really going to care because even though they said that they cared, I didn't have any proof of that. I realized that everyone was talking to each other and they were all on the same page. I actually liked the fact that they talked to each other about me. I felt important and that soon became proof that they cared. I didn't get away with anything.

I found out that they could read me and see through my stories, especially my foster mom. As my stories weren't working the same way they had in the past, I didn't really know what to do to get attention, so I tried some of the things that I had been learning from my mentor. I found that I was getting the attention that I wanted and that I didn't need to tell stories. I had to work on not telling stories because that was so much a habit, but for the first time I wanted to stop lying.

In therapy I would say that the reason I did what I did was because of my past. It was my past that was the problem. My therapist helped me to see that my past was what it was because of my choices. I make better choices now. The bad choices I made had bad consequences. The good choices give me positive attention and privileges. I love privileges.

Today I have privileges. I hang out with real friends that live up to my expectations and help me live up to mine. I can report to my counselor and therapist that I am doing good. It has taken me a while, but I am getting there. I now have a big family that loves me and cares about me and that is what I have always wanted. This is the family where I am going to stay forever. We are waiting on the final paperwork and judge's signature to make it legal, but in my heart and my new family's heart, it is already final. I have found my home.

Sincerely,
The soon-to-be Allie XXXX

