



Population 86,120*



Mitch Anderson, Director
Benton County Health Services
(541) 766-6805
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Mental Health

Screening:

Benton County Health Services
(541) 766-6835
530 NW 27th Street, Corvallis

Crisis:

Daytime (541) 766-6835
After-hours/Holidays (888) 232-7192

Addictions

Screening:

New Beginnings, Inc.
(541) 766-3540
557 NW Monroe Avenue, Corvallis

Developmental Disabilities

Screening:

Benton County Health Services
(541) 766-6847
530 NW 27th Street, Corvallis

24-hour/After-hours Crisis:

Daytime (541) 766-6835
After-hours/Holidays (888) 232-7192

Benton County Board of Commissioners:



Jay Dixon



Annabelle Jaramillo



Linda Modrell

County government is the local fiscal agent for state funds and provides accounting, legal, and human resources services as well as in-kind contributions of county-owned land and facilities, program oversight and facilitation of local system planning.

Mental Health Services

Prevention and Early Intervention

Benton Health Services, Old Mill Center for Children and Families, the local Commission on Children & Families, and children's Intensive Community-Based Treatment and Support

Outpatient

24-hour crisis response, screening, individual, group and family therapy, medication management*, case management*, dialectical behavioral therapy*, cognitive re-structuring*, and pre-commitment investigation. Provided at Benton Health Services and Old Mill Center for Children & Families

Community Housing and Residential Services

- Adults - Benton Health Services, Janus House, Adult Foster Homes, Community Outreach (homeless shelter), Mid-Valley Housing Plus, Shangri-La
- Children - Trillium Family Services

Acute Care

Samaritan Health Services (Corvallis), Oregon State Hospital, Salem Hospital

Recovery Supports

- Peer-delivered services at Benton Health Services and "The Drop-In Center"*
- Assertive Community Treatment*
- Supported housing*
- Wraparound care coordination*
- Peer wellness program

Services to Special Populations

- Peer counselors for seniors
- Dual-Diagnosis Anonymous*

* An Evidence-Based Practice

*Population Research Center, PSU, March 2009

Benton County Health Department

provides integrated medical, mental health, addictions and developmental disabilities services, quality assurance, quality improvement and utilization management of shared state-county services

Addictions Services

Prevention

- Education and alternative activities for youth (Jackson Street Youth Shelter)

Treatment

- Case identification and youth and adult outpatient services (including the Matrix Model*, Moral Reconation*, motivational interviewing* and co-occurring disorders treatment*) provided by Benton Health Services, New Beginnings, Emergence, COI, and Discovery
- Detox treatment: referrals to Bridgeway Cascadia (Portland), Willamette Family (Eugene), Trueman Center (Newport)
- Residential treatment: referrals to Milestones (women's treatment in Corvallis), YES House (adolescent treatment in Corvallis), Crossroads (Baker City) and other providers statewide

Recovery

- Peer-delivered wellness and 12-step programs*
- Case management* by Housing Plus
- The Drop-In Center* and New Beginnings Rec Center
- Supported housing*: Lease Support Program (independent programs not supported by state or county funds)
- Recovery housing: privately-funded Oxford Houses
- Childcare: Boys & Girls Club (not supported by state or county funds)

* An Evidence-Based Practice

Adult and Juvenile Drug Court*

Hon. Janet Holcomb, Presiding Judge

Court costs and treatment funded by short-term federal grants and the support of local foundations, clubs and Good Samaritan Hospital

Developmental Disabilities Services

Program Administration

Eligibility determination, quality assurance, foster care licensing, family support, contracts, protective services and adult support services.

Service Coordination

Crisis services, referral, person-centered planning, monitoring, advocacy, and information and training.

Residential, vocational and transportation services

are provided by Benton Health Services, BENCO, Homelife, Work Unlimited, ASI, Cornerstone, and Dial-a-bus

The state Seniors & People with Disabilities Division contracts outside of the local planning and quality assurance process for adult support services with **Integrated Services Network, Mentor Oregon Brokerage: Mid-Valley**

Excellence and innovation is found in every corner of the Benton County Health Department.

Benton County's integrated medical, mental health and addictions services are a boon both to their customers and to the statewide delivery system. While its customers receive seamless comprehensive care, providers around the state are watching and learning. It's not the first such program, but it may prove to be one of the most sustainable.



Benton County's evidence-based, family-friendly **wraparound services keep children in their home**, community, and schools. They help families to identify their strengths and prioritize their needs through the development of a family plan. County staff coordinate care among community partners, teach the family team to make the most of their formal and informal supports, and use flexible funding to meet the needs of children and families. The result has been **fewer and shorter stays in residential treatment facilities and better attendance and performance in school**.

When computer geeks run wild in Benton County they come up with cool toys disguised as clinical tools. Or is it the other way around? Either way, this hand-held touch screen now has customized software that lets kids and adults with developmental disabilities communicate fully and effectively with their doctors and therapists.



Meghan Caughey, who once used public mental health services to help her get well, now stands shoulder-to-shoulder with local, state, and national mental health professionals, helping her peers along their path to wellness & independence. Meghan leads the county's peer wellness program, writing training curricula and growing peer leaders in a 5-county region. Her legacy will be a vibrant workforce of peer wellness counselors who serve our communities and provide new options for care.

They may look like average Joes, but what you see is a finely-tuned mobile team of counselors and case managers who do whatever it takes to keep the people on their caseloads stable, healthy and off of other agencies' caseloads. These are the folks who help keep people with chronic mental illness from cycling needlessly in and out of jails, hospitals and homeless shelters.

