



Population 167,015\*



**Scott Johnson, Director**  
 Deschutes County Mental Health  
 (541) 322-7502  
 scottj@deschutes.org

## Mental Health and Addictions Services

### Screening

Deschutes County Mental Health  
 (541) 322-7500  
 2577 NE Courtney Drive, Bend

### 24-hour Crisis

(541) 322-7500 Extension 9  
 2577 NE Courtney Drive, Bend

## Developmental Disabilities Services

### Screening

Deschutes County Mental Health  
 (541) 322-7554  
 2577 NE Courtney Drive, Bend

## Deschutes County Board of Commissioners:



Tammy Baney



Alan Unger



Dennis R. Luke

County government is the local fiscal agent for state and federal funds. It also provides accounting, legal, and other support services as well as county General Fund and in-kind contributions of county-owned land and facilities.

## Mental Health Services

### Adult Treatment

- Community Assessment: 24-hour crisis intervention, precommitment and protective services investigations, hospital-based evaluation, supervision of Psychiatric Security Review Board clients
- Community Treatment: screening and assessment, brief treatment, co-occurring disorders treatment\*, problem gambling treatment, services coordination with local DHS child welfare, JOBS program\*, and family drug and mental health courts\*
- Acute care coordinated through the Regional Council; services primarily through Cascade Healthcare Community, Inc.
- Community Support/Recovery Services: screening and assessment, medication management\*, case management, Rainbow Clubhouse\*, supported employment\*, housing assistance, Horizon House (transitional housing), foster care (10 beds), Emma's Place, Jail Bridge

### Child and Family Treatment

- Children's Intensive Community Treatment Services including residential placement and wraparound\*
- Clinic and School-Based Services: intake and brief therapy, school-based services, alcohol and drug assessments, early childhood and parent education, safe schools assessments, pre-psychosis treatment (Early Assessment and Support Alliance - EASA), KIDS Center (intake and therapy for victims of abuse), mediation
- Integrated healthcare at three school-based health centers

\* An Evidence-Based Practice

\*Population Research Center, PSU, March 2009

# Deschutes County Mental Health

provides and coordinates mental health, addictions and developmental disabilities services for Deschutes County residents and works closely with Crook and Jefferson Counties and other stakeholders on regional initiatives.

## Addictions Services

### Prevention

Education and skill development activities for youth in Bend, La Pine, Redmond and Sisters; coordinated through Deschutes County Commission on Children & Families.

### Outpatient Treatment

Screening, assessment and treatment available in Bend, La Pine, and Redmond at Deschutes County Mental Health and through BestCare Treatment Services, Pfeifer & Associates, Serenity Lane, and Rimrock Trails (adolescent)

### Residential and Detox Services

BestCare Treatment Services (Redmond), Rimrock Trails Adolescent Treatment (Prineville)

### Recovery Services

Case management; supported housing\* under development through Pfeiffer & Associates in Redmond

\* An Evidence-Based Practice

## Developmental Disabilities Services

### Program Administration

Eligibility determination, quality assurance, foster care licensing, family support, contracts and protective services.

### Service Coordination

Crisis services, referral, person-centered planning, monitoring, advocacy, and information and training

Coordination and service authorization with local residential, vocational and transportation providers

### Family Drug Court\*

Hon. Alta Jean Brady, Presiding Judge

### Mental Health Court\*

Hon. Stephen N. Tikin, Presiding Judge

*Mental health and addictions treatment and coordination provided by Deschutes County Mental Health and community partners. Funding provided through Deschutes County General Fund, the Federal Department of Justice and Oregon's Criminal Justice Commission.*

The state Seniors & People with Disabilities Division contracts outside of the local planning and quality assurance process for adult support services with **Full Access Brokerage**

## **Deschutes County invests in mental health services and in building local infrastructure**

Many of Oregon's counties play a critical role in strengthening the local mental health system. In Deschutes County, the Board of Commissioners invests more than \$1.6 million dollars in the County's Mental Health Department to expand the number of local residents that can be helped. Services are provided out of several County owned buildings. The current budget includes new funding for our Mental Health Court and our Seniors Program. Recently, the Board dedicated County land to construct a Secure Residential Treatment Facility for Oregonians as they leave the State Hospital.

*"As past Chair of the Oregon House Human Resource Committee, I know the importance of mental health services throughout the State. Deschutes County's support of human services, including mental health services is so important to our quality of life in Central Oregon. As a Board, we've continued to fund our Mental Health Department, because we know it makes a real difference in the lives of our residents."*

**- Dennis Luke, Chair, Deschutes County Board of Commissioners**

**Bridge Program:** This program provides therapeutic and case management services for clients coming out of jail, on probation, or otherwise involved in the criminal justice system. This two-person team—a case manager and a Master’s level clinician—assists clients with their basic needs such as housing, medication, social security, food stamps and medical care, as well as treatment for their mental health and addiction issues. Bridge helps people with a serious mental illness and addiction, some of the most acute clients in this community, many of whom have multiple barriers to stability.

**Mental Health Court:** This treatment court is an alternative for people with a mental illness who commit crimes. Referrals come from the county jail, the district attorney, public defenders, treatment providers, families or self referral. Once evaluated, and if eligible, a client must plead guilty to the charges. If the individual successfully completes the program, charges are dismissed or reduced. Length of time in the program is 12-18 months. Participants must follow their treatment plans (counseling, medication management, urinalyses, addiction treatment and 12-step meetings). Participants are monitored closely and frequently meet with the Judge. Violations result in graduated sanctions (community service, more court appearances, or days in jail). The Court serves mentally ill adults who have committed non-person misdemeanor crimes.

**Seniors Mental Health Pilot Project:** Deschutes County is fortunate to have one of the few mental health programs in Oregon specifically for seniors. Our Seniors Mental Health Program is highly regarded throughout the state. As the senior population grows, so does its need for mental health services. This one-year pilot project will provide 20 hours per week of additional staff time for the program, making the following activities possible:

- Workforce development: Supervision of two or three Master’s level interns who will provide service each week to the Seniors population in Deschutes County. The training and supervision these interns will receive will help develop much needed expertise in the specialized area of seniors’ mental health.
- Supervision and development of a Seniors Peer Mentoring program. These volunteers will provide services each week to clients whose mental health issues are at a lower level of acuity. Being able to provide these “mentor visits” will prevent an estimated 80% of these clients from needing more intensive services.
- Coordination of Applied Suicide Intervention Skills Training\* for families and other caregivers. Increasing the number of people in the community who are aware of and can respond to suicidal potential will make many people safer and will meet the goal of the State’s Senior Suicide Prevention Plan, which Deschutes County helped to create.
- Provision of direct services to seniors with mental health issues in the community. Our current services are woefully inadequate to meet the rapidly growing need of seniors in our community. Even these few additional hours could make an important difference to some of our most vulnerable citizens.

\* An Evidence-Based Practice