

# memory changes and aging

With the aging process, many changes with memory can occur. Some of these are normal, age-associated changes common to many seniors. Other changes, however, are not normal, such as those associated with Mild Cognitive Impairment (MCI) or Alzheimer's disease.

- mental changes common with normal aging
- differences between Mild Cognitive Impairment and Alzheimer's disease
- current research studies being conducted in the area of memory loss and aging
- programs and services available for families coping with early-stage Alzheimer's disease

*Free Adult Daycare is available; please pre-arrange through Christy at (760) 480-1030.*



**DATE:** Thursday, May 18, 2006  
**TIME:** 9:00 AM - 12:00 PM  
(Continental breakfast included)  
**PLACE:** Redwood Terrace  
Dittus Hall  
710 West 13<sup>th</sup> Avenue  
Escondido, CA 92025

**INSTRUCTORS:** Amy Abrams, MSW / MPH  
Elder Care Guides Senior Care Management  
Cecily Jenkins, Ph.D.,  
Shiley- Marcos Alzheimer's Disease Research Center  
Susan Johnson, NP,  
Shiley- Marcos Alzheimer's Disease Research Center  
Laura Printy, BA,  
Alzheimer's Association San Diego / Imperial Chapter

**COST:** No-Cost to Family Caregivers &  
General Public  
\$40 for Professionals  
(Requesting CEUs)

*This workshop meets the qualifications for four hours of continuing education credits for MFTs and LCSWs as required by the California Board of Behavioral Sciences (PCE 1507). Provider also approved by the California Board of Registered Nursing (CEP 12772) for four contact hours.*

**For more information on this seminar or to register, please call:**

**858 492 4400 ext. 122**

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