



Population 110,185*



Frank Moore, Director
Linn County
Mental Health & Public Health
(541) 924-6916 ext. 2052
fmoore@co.linn.or.us

Mental Health Services

Screening

Linn County
(541) 967-3866
445 3rd Avenue SW, Albany

24-hour/After-hours Crisis

(800) 560-5535

Addictions Services

Screening

Linn County
(541) 967-3819
104 4th Avenue SW, Albany

24-hour/After-hours Crisis

(800) 560-5535

Developmental Disabilities Services

Screening

Linn County
(541) 967-3890
445 3rd Avenue SW, Albany

24-hour/After-hours Crisis

(800) 560-5535

*Population Research Center, PSU, March 2009

Linn County Board of Commissioners:



John K. Lindsey



Roger Nyquist



William Tucker

County government is the local fiscal agent for state funds and provides accounting, legal, and human resources services as well as county general fund and in-kind contributions of county-owned land and facilities.

Mental Health Services

Prevention and Early Intervention

Early Assessment and Support Team (EAST)*, New Solutions (Children's System Change Initiative including needs determination, child and family teams, wraparound*, Functional Family Therapy*)

Adult, Child and Family Outpatient

24-hour crisis intervention, medication and case management, individual and group therapy, co-occurring disorders treatment*, sex offender and family sex abuse treatment, fire-setter treatment, authoritative parenting training, pre-commitment investigations

Community Housing and Residential Services

Sender House and Springer House (adult treatment), Trillium (adolescent treatment), transition-age youth housing, Old Oak Place, Shangri-La Corp (extended care)

Acute Care

Oregon State Hospital (Salem), Good Samaritan (Corvallis), Subacute: crisis respite (Albany)

Recovery Supports

- Case management
- Skills training and vocational services
- CHANCE peer-supported drop-in center*

* An Evidence-Based Practice

Linn County Department of Health Services

provides and coordinates mental health, addictions and developmental disabilities services, quality improvement and utilization management of state-county shared services

Addictions Services

Prevention and Early Intervention

Prevention curricula in schools, parenting education, assistance to community coalitions in Albany, Central Linn, Harrisburg, Lebanon, Santiam Canyon, Scio and Sweet Home; Underage Drinking Youth Council

Adolescent Treatment

Outpatient/intensive outpatient treatment and juvenile drug treatment court*, including assessment, individual, group and family therapy, psychiatric services, van transportation to group therapy, referrals to residential treatment

Adult Treatment

Outpatient/intensive outpatient, women's services, DUII treatment, adult drug treatment court*, treatment for offenders, and problem gambling treatment, including assessment, individual, group and family therapy, psychiatric services, van transportation, referrals to detox and residential treatment

Recovery

Case management, supported drug-free housing*

* An Evidence-Based Practice

Developmental Disabilities Services

Program Administration

Eligibility determination, quality assurance, foster care licensing, family support, contracts, protective services

Service Coordination

Crisis services, referral, person-centered planning, monitoring, advocacy, and information and training
(Crisis diversion services provided by Region 3 inter-county partnership)

Residential, Vocational and Transportation Services

18 residential group homes, 9 contract vocational service programs, 3 transportation programs

The state Seniors & People with Disabilities Division contracts outside of the local planning and quality assurance process for adult support services with **Resource Connections of Oregon & Mentor Oregon Brokerage: Mid-Valley**

Adult Drug Court*

Hon. Rick J. McCormick, Presiding Judge

Juvenile Drug Court*

Hon. Daniel R. Murphy, Presiding Judge

Treatment for Adult Drug Court funded by Criminal Justice Commission grant, state Addictions Service Element 66, Oregon Health Plan, county general fund and the federal Byrne grant; treatment for Juvenile Drug Court funded by county general fund, federal Juvenile Crime Prevention grant, Oregon Health Plan, and state addictions services budget. Treatment provided by Linn County Health Services.



Linn County Mental Health breaks a mother's cycle of psychiatric hospitalization by teaching her a new way to live

"Rose" has been in treatment on and off since she was 17 years old. Sexual abuse as a small child followed by a rape as a young woman left her with Post Traumatic Stress Disorder (PTSD) and trauma-related hallucinations. The suicide attempts and self mutilation followed by psychiatric hospitalization became her way of life along with substance abuse to dull the pain. During a period of stability Rose met and married her husband and gave birth to her two children. Then things started to unravel again. Her husband considered leaving her and Child Welfare was on the brink of taking their children into custody.

Over a period of three months, Rose was seen in the emergency room 15 times. She was having difficulty managing her suicidal thoughts, mood, and symptoms of PTSD. Given her reliance on the hospital, the treatment team at Linn County Mental Health Services created an environment similar to a hospital setting in the community. Rose spent a week in a crisis respite facility with mental health wrap around supports. About a month after returning home she called to say that she was grateful to not have gone to the hospital. She believed that by not being hospitalized she was able to learn a new way of coping. Rose was able to build strength for future difficulties. She has not needed emergency room level of intervention for five months. At 30, she continues to build her coping skills and look at alternative avenues for supports and relief. She is insightful and engaged in both addictions and mental health treatment. Rose uses the county Crisis Line when she needs it to prevent her distress from building to the point of self-destruction. She is using the self-control she gained in treatment. Rose is now more open to using different options and possibilities that will help her manage her distress than she has ever been. She is testing and trying these new options rather than shutting down and setting up barriers.

Each of Rose's multiple psychiatric hospitalizations (7-10 days): \$6,300-\$9,000

Emergency room costs for Rose's 15 visits in 3 months: \$7,500

**Cost of her outpatient treatment for 5 months
at Linn County Mental Health: \$2,000**

