



Washington County

Population 519,925*



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Washington County
Health & Human Services
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Mental Health & Addictions

Screening & Referral

(503) 291-1155

24-hour Crisis Services

(503) 291-9111

Developmental Disabilities

Screening

(503) 846-4737

Washington County Board of Commissioners:



Tom Brian,
Chair



Andy Duyck



Roy Rogers



Dick Schouten



Desari Strader

County government is the Local Mental Health Authority and fiscal agent for state mental health, addiction and developmental disabilities funds. Washington County contributes significant local resources including accounting, legal, and human services as well as in-kind contributions of county-owned land and facilities.

Developmental Disabilities Services

Washington County provides high quality service coordination services to over 1600 adults and children with developmental disabilities.

Washington County's developmental disability program is recognized state-wide as a leader in the provision of both service coordination and contracted services. Using a collaborative approach to service development and provision with advocates, provider agencies, community organizations, state and county partners and an active Advisory Council, Washington County developmental disability services provides person centered services to the individuals served and the community at large.

"I am writing to let you know how much help your services have been to our family.

Because of the County Mental Health and DD services, my son is living at home with community support."

-Washington County parent

*Population Research Center, PSU, March 2009

Washington County Department of Health & Human Services

assures the planning, delivery and quality of Mental Health, Addictions and Developmental Disabilities services for adults, youth and their families

Developmental Disabilities Services Coordination, provided by Washington County staff, includes advocacy and assistance in identifying, accessing, coordinating and assuring the delivery of services and supports.

Residential Services are available for children and adults with developmental disabilities in neighborhood settings including foster care, group homes, supported living and in-home comprehensive services. Washington County contracts with 13 provider agencies to provide a broad array of services to meet the needs of a diverse population including monitoring of medical and health needs, behavior management, assistance with money management and participation in community activities.

Employment and Alternatives to Employment, available to adults with developmental disabilities, include individual supported community employment, enclaves of workers located in local businesses, sheltered workshops and individually tailored community based alternatives to employment such as volunteer work or integration into local activities. These services are contracted with 14 provider agencies and are designed to increase an individual's independence, productivity and integration.

Transportation Services are provided to adults with developmental disabilities through contracts with 12 community provider agencies and include mobility training, door to door transportation and financial assistance to purchase transportation services available in the community.

Family Support Services are family-focused services to children with developmental disabilities which provide support, individualized planning and service coordination, and arranging for services that enable a child to remain in or return to the family home.

Crisis Services are provided to adults and children with developmental disabilities in a regional model with Clackamas, Clatsop, Columbia and Multnomah Counties. Services are provided in the form of crisis placements in community homes, funding for additional supports in an existing residence, as well as caregiver training, technical assistance or other needed interventions.

Brokerage Services are available to adults with developmental disabilities and provide individuals with help in identifying and coordinating the services they may need, such as budgeting, meal planning, job coaching and respite care. Washington County provides eligibility determination for this service and referral to one of three brokerages operating under state contract in Washington County: Mentor Oregon Brokerage, Self Determination Resources and Independence Northwest.

Protective Services are provided to adults with developmental disabilities who have been abused or are at risk of abuse or neglect and include investigating and intervening to assure safety and well-being. Washington County's highly skilled staff provide this critical function.

The Washington County **Developmental Disabilities Advisory Council** is an active and committed group of citizen advocates, parents, self-advocates, and professionals that meet monthly and function in an advisory capacity to the Department and Board of Commissioners. The Council also serves as the quality assurance committee, providing regular feedback to the Department in this area.

Mental Health Services

Washington County is both the Local Mental Health Authority and Oregon Health Plan Mental Health Organization. Using compassionate managed care principles to assure funds are prioritized to those with the greatest need, and in collaboration with local private non-profit and for-profit community mental health providers, Washington County ensures services are high-quality, evidence-based, coordinated, culturally competent, and consumer-directed. Primary Care Co-Located Services improve access to mental health treatment, provides for specialty consultation to primary care providers and improves health outcomes. Co-located services are available at Virginia Garcia Memorial Health Center in partnership with LifeWorks Northwest. Older Adult Mental Health Consultation is available at Providence Primary Care Clinics through Lifeworks NW.

Children

School-Based Services*: Mental Health Care Coordination in Hillsboro, Tigard-Tualatin and Forest Grove school districts assist youth and their families with accessing appropriate resources in the community including mental health services, medical services, and resources to meet basic needs. Mental health professionals are also sited in the School-Based Health Centers in Tigard High Health Center, Merlo Station Health Center, and Forest Grove School District.

Youth

Transition Age Youth Intensive Services, provided by LifeWorks Northwest, assists youth moving from the children's mental health system and into adult services. Youth are helped to reach developmental milestones like independent housing, education, employment and development of social relationships.

Adults

Crisis Services through the Washington County Crisis Line. Staffed by mental health professionals at Providence Health Systems, it provides crisis counseling and referrals for treatment. The Washington County Mobile Crisis Team at LifeWorks Northwest provides crisis intervention in office-based and community-based settings.

Outpatient Services for adults, youth and families at Western Psychological & Counseling, Morrison Center, Youth Contact, and LifeWorks Northwest. Short-term, focused treatment* for individuals with mild to moderate conditions. Older Adult Services available at LifeWorks Northwest expertly address the profound impact aging can have on mental health.

Intensive Service Array for Youth & Families: a coordinated, comprehensive, culturally competent, family-focused and child centered service package that includes individualized home, community, and facility based services for youth with severe mental or emotional disorders. "Wrap-around"* care ensures that youth are served in the most natural, least restrictive environments, including Washington County Care Coordination, intensive home-based services, day treatment, respite care, therapeutic foster care, psychiatric residential treatment, or inpatient care. Contracted providers include LifeWorks Northwest, Catholic Community Service, Morrison Center, Trillium Family Services, Boys and Girls Aid Society and ChristieCare.

Prevention & Early Intervention Programs provided by LifeWorks Northwest including the Early Assessment & Support Alliance* to intervene early in the onset of psychotic disorders, Parent-Child Interaction Therapy*, and Early Childhood Promotoras* available in Head Start Classrooms. Morrison Center also provides Early Childhood Mental Health Consultation*.

Mental Health Court*

Specialty court for those with mental illness who are on parole/probation. Connects participants to mental health and substance abuse treatment and completing conditions of supervision such as paying restitution, community service and positive activities like work or school. Hon. Marco Hernandez presiding.

Jail Mental Health Services

Treatment and medication provided by an on-site mental health professional, including linkage to treatment resources upon release.

Peer-Delivered Services* at the Washington County Consumer Council Comfort Zone Drop-In Center.

Family Support Services at Washington County NAMI.

Residential Services for adults with mental illness through Luke-Dorf, Inc., Sequoia Mental Health, and many foster homes licensed by Seniors and People with Disabilities.

* An Evidence-Based Practice

Addictions Services

Washington County assures the planning, provision, management and oversight of evidence-based chemical dependency and gambling prevention, treatment and recovery services for uninsured residents in collaboration with a network of community-based treatment providers. State funding allows services to be provided to needy individuals on a sliding fee basis. Washington County assures community involvement through the Washington County Behavioral Health Council which participates in the planning and oversight of local services.

Crisis Services are available through the Washington County Crisis Line, staffed with behavioral health professionals at Providence Health Systems, who provide crisis counseling and referrals for treatment.

Addictions Outpatient Services* are available for adults, youth and families at LifeWorks Northwest, CODA, Inc., ChangePoint, Inc, DePaul Treatment Centers and Youth Contact. Outpatient and intensive outpatient services provided by all programs.

Detoxification Services for adults are provided by CODA at the Tigard Recovery Center.

Adult Residential Services* are contracted with CODA, Inc, LifeWorks NW, and DePaul Treatment Center. These are regional residential beds that serve men, women and women with children. **Youth Residential Services*** are contracted through the State and are provided by DePaul Treatment Centers.

Drug Court* is a specialty court for individuals who are chemically dependent and are on parole/probation, as well as DHS involvement. The goal is to provide intensive A&D treatment services along with frequent judicial review and oversight. The Drug Court is a post-adjudication model program utilizing incentives and sanctions to motivate individuals to successfully complete treatment. Emphasis is placed on remaining drug and crime free, connecting participants to needed services and completing conditions of supervision such as paying restitution, completing community service and engaging in positive activities such as work or school. The Hon. Thomas Kohl, presiding.

Specialty Services: Intensive Treatment and Recovery Services is a specialized program for parents with children involved with DHS-Child Welfare who are at risk of foster placement. The services are available through CODA, Inc and LifeWorks NW. Criminal Justice addictions services are provided at the Community Corrections Center for individuals on probation/parole. Both outpatient and intensive outpatient are provided by CODA, Inc.

Prevention, Education and Outreach Services* are provided to the community for alcohol, drug and gambling. The goal is to increase awareness of alcohol, drug and gambling issues in the community, reduce stigmas and promote and identify treatment resources.

Gambling Outpatient Services* are available for adults, youth and families at Lifeworks NW

Culturally Specific Services* are available for adults, youth and families through ChangePoint, Inc. Lifeworks NW and Youth Contact.

Drug-Free Housing The County provides drug-free housing through rental subsidies for adults and their families. These funds are directed toward all clients who need a drug-free environment to successfully participate in outpatient treatment.

Rehabilitation Services for those with serious and persistent disorders that limit their ability to live independently. Recovery supports reduce symptoms, meet basic needs, secure benefits, and increase functioning in areas like employment, community navigation and basic living skills. Strengths-Based Case Management*, Medication Management*, Supported Employment* and Integrated Co-occurring Disorders Treatment* at Sequoia Mental Health, Luke Dorf, and LifeWorks Northwest.

Culturally Specific Services*, available at OHSU Intercultural Psychiatric Program and Asian Health & Service Center, serve immigrants and refugees in a variety of languages often by clinicians of the same culture with expertise in trauma-related mental health disorders resulting from persecution, forced relocation, genocide and other atrocities commonly associated with war.

Washington County's supported housing reunites mothers and children

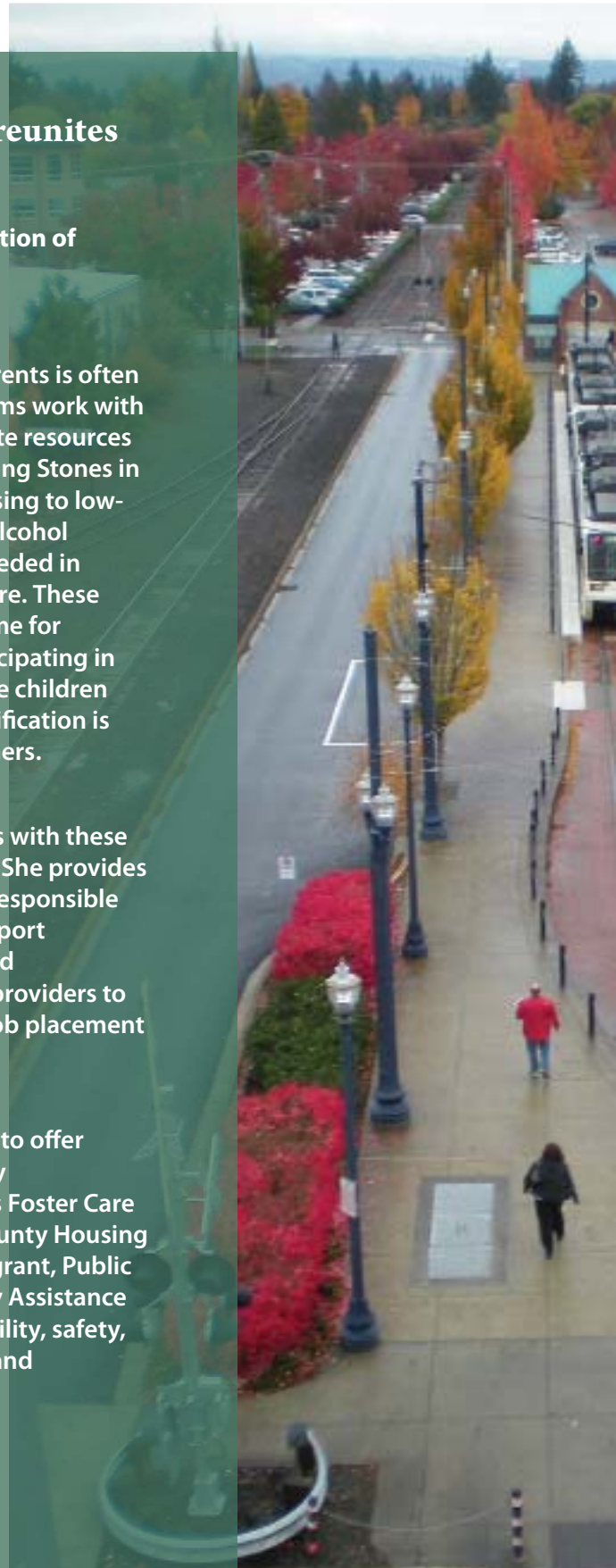
Stepping Stones Supported Housing for Early Reunification of Mothers and Children

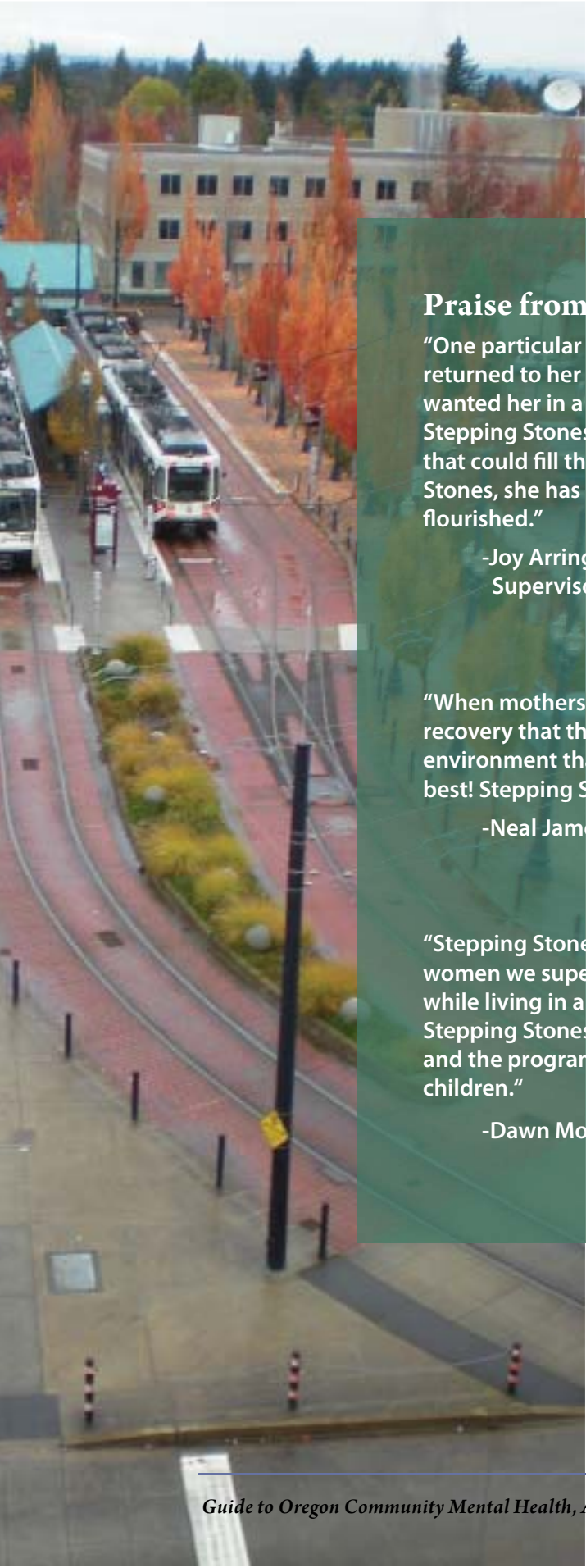
CODA, Inc. – Tigard Recovery Center

The final barrier to reuniting foster children with their parents is often a lack of safe housing. Community Mental Health Programs work with their local providers and other local agencies to coordinate resources and do what it takes to get families back together. Stepping Stones in Washington County provides supported community housing to low-income, single women who are recovering from drug or alcohol problems and are working towards or have already succeeded in having their children returned to their care from foster care. These mothers are actively engaged in addiction treatment, some for co-occurring mental health disorders, and some are participating in the Washington County Drug Court program. Many of the children living at Stepping Stones are infants for whom early reunification is vital for developing strong, lasting bonds with their mothers.

The program includes a full-time house monitor who lives with these young families on site to ensure their safety and security. She provides parenting and life-skills coaching for the mothers and is responsible for working with each client's network of community support partners to ensure a healthy environment for recovery and reunification. Staff work closely with community service providers to coordinate treatment, childcare, vocational counseling, job placement and other individualized needs.

Stepping Stones is the first program of its kind in Oregon to offer supported housing to mothers and their children for early reunification and utilizes blended funding which includes Foster Care Prevention funds, Title IV-E Waiver funds, Washington County Housing subsidies, Byrne Grant Flex Funds, a Federal Corrections grant, Public Safety Levy funds, and client co-pays from the Temporary Assistance to Needy Families program. The model provides affordability, safety, access to services, housing stability, self-empowerment, and independence.





Praise from Community Partners

“One particular woman would not have been able to have her child returned to her care if it were not for Stepping Stones. The Court wanted her in a program where she would be supervised and until Stepping Stones, there was no other program in Washington County that could fill that need. Since the woman has moved into Stepping Stones, she has had her child returned to her care and she has flourished.”

-Joy Arrington, Senior Parole and Probation Officer & Drug Court Supervisor

“When mothers and children are initially reunited it is essential to their recovery that they have a supportive environment; having an environment that has been established to support recovery is the best! Stepping Stones achieves this and a whole lot more.”

-Neal James, Social Service Specialist, DHS Child Welfare

“Stepping Stones has provided a tremendous opportunity to the women we supervise to be able to focus on recovery and parenting while living in a stable, clean and sober environment. The staff at Stepping Stones have been a great community partner to work with and the program has been instrumental in reuniting women and their children.”

-Dawn Montes, Washington County Drug Court Coordinator