



CONCURRENT SESSION PROPOSAL FORM

Please complete this form and submit electronically to Glenda Rogers at grogers@capcog.org indicating "2010 TCoA Session Proposal" in the subject line. Should you have questions about the proposal process, please contact Glenda at 512.916.6053.

Proposals are due by Friday, October 30, 2009 and may only be submitted via email.

SESSION INFORMATION	
SESSION TITLE: <i>(The session title should simply be a one-line heading for your session.)</i>	Caring for the Caregivers
PRIMARY PRESENTER NAME: <i>(Individual who develops, arranges for co-presenters, oversees and attends the session.)</i>	Denise Miner-Williams PhD, RN, CHPN
TITLE:	Caring for the Caregiver
ORGANIZATION:	South Texas Veterans Health Care System
ADDRESS:	VA Hospital: GRECC (182) 7400 Merton Minter San Antonio, TX 78229
TELEPHONE:	210-617-5300 x16600
EMAIL:	minerwilli@uthscsa.edu
<i>(Attach a brief, maximum one-page, biography or vita for this presenter.)</i>	Dr. Denise Miner-Williams, RN, CHPN, is a geriatrics research fellow with South Texas Veterans Health Care System, and has completed a Palliative Care post-doctoral fellowship with the same institution. She is also affiliated with the University of Texas Health Science Center San Antonio as a research assistant professor. She has been working with stress management and family caregivers for over six years with the Stress-Busting Program. She has multiple publications in professional journals and has presented at national and international conferences on the topics of spirituality, nurse-patient relationship, family caregiving, and communication among family members at end-of-life. As a retired U. S. Army Nurse Corps officer she has a wealth of experience in multiple clinical and administrative arenas.
SESSION DESCRIPTION: <i>(Please write a concise, action oriented description that provides important facts and generates excitement about the session. Focus on your primary session objective and let potential participants know what you expect will happen as a result of the session. Focus on issues and outcomes rather than the speakers. Please limit your description to 50 words. This description will be the basis of text used in promotional materials.)</i>	Family caregivers of persons with dementia provide invaluable service not only for their loved ones but for our communities and the healthcare system. How much do you know about caregivers – who they are, what they do, what they experience, and, most importantly, what you can do to support them? This presentation may be eye-opening for you!
LEARNING OBJECTIVES AND RELEVANCE TO FIELD OF AGING	

<p>LEARNING OBJECTIVES: (What do you want the audience to learn? Please indicate 2 or 3 learning objectives, being as specific as possible. Consider what the audience is likely to be looking for at the conference when crafting the session objectives.)</p>	By the end of this session, attendees will:	
	1.	Describe the prevalence and situation of family caregivers in our society.
	2.	Identify the elements of Stress-Busting Program for Caregivers, a program that has been successful in improving caregiver quality of life.
	3.	List steps that can be taken to promote caregiver well-being on a regular basis.
<p>RELEVANCE TO FIELD OF AGING: (How will your session add value to the field of aging? Briefly respond – a few sentences per question.)</p>	1. Why would those working or interested in aging-related issues be interested in this session?	
	<p>Caregivers are integral to the care of the aged. One way of supporting the aged is to contribute to the well-being of these family members caring for them. This presentation highlights the prevalence and issues that caregivers face, as well as a description of one program that has successfully improved the quality of life of caregivers attending it.</p>	
	2. How will the session explain a program implementation strategy and identify lessons learned in replicating it for others?	
	<p>Clear description of the elements of a program that has been successful will be presented with opportunity for discussion.</p>	
	3. How is the specific issue or strategy in your session connected to other work being done on this issue, or how does it represent a change?	
	<p>This program contributes to the support of caregivers by focusing on assisting the caregivers with development and practice of skills to manage stress that will enable them to better cope with caregiving.</p>	
ADDITIONAL PRESENTER(S)		
<p>We <u>prefer</u> sessions that have no more than two presenters due to the limited time available per session. NOTE: Please tentatively confirm each presenter at this time. The final conference sessions will not be selected and announced until December. You may be asked to make changes to the session as proposed.</p>		
ADDITIONAL PRESENTER NAME:	Sharon Lewis RN, PhD, FAAN	
TITLE:	Professor, Schools of Nursing & Medicine; Clinical Nurse Scientist	
ORGANIZATION:	University of Texas Health Science Center San Antonio; South Texas VA	

<p>(Attach a brief, maximum one-page, biography or vita for this presenter.)</p>	<p>Dr. Sharon Lewis has a joint position as a Clinical Nurse Scientist at the Geriatric Research, Education, and Clinical Center (GRECC) at the South Texas Veterans Health Care System (STVHCS) and Professor, Schools of Nursing and Medicine at the University of Texas Health Sciences – San Antonio (UTHSCSA). She has been involved with family caregivers for over 10 years. Recognizing the great value of their contributions to their family and to society, as well as the toll the stressors of caregiving can take upon them, she began the Stress-Busting Program for Family Caregivers which has been carefully developed and its efficacy established with research funding.</p> <p>Dr. Lewis has been an independent research investigator for 25 years. Her background as a nurse with research training in basic science has led to her success in bridging clinical and basic science research. She is an experienced researcher in the area of biobehavioral interventions for stress, and her research has been actively supported by grants from both the Veterans Affairs and the National Institutes of Health.</p>		
<p>ADDITIONAL PRESENTER NAME:</p>			
<p>TITLE:</p>			
<p>ORGANIZATION:</p>			
<p>(Attach a brief, maximum one-page, biography or vita for this presenter.)</p>			
<p>SESSION FORMAT AND AGENDA (Briefly respond – a few sentences per question).</p>			
<p>1. PLEASE DESCRIBE THE FORMAT OF THE CONFERENCE SESSION:</p> <p>Short video, power point presentation, discussion.</p>			
<p>2. HOW WILL YOU ENGAGE YOUR AUDIENCE?</p> <p>Audience participation through questions and discussion will be encouraged throughout the presentation.</p>			
<p>3. PLEASE PROVIDE A SESSION OUTLINE THAT DETAILS HOW THE SESSION TIME WILL BE SPENT:</p> <p>The session will begin with an introduction about family caregivers, then a short video on a scene in a caregiver’s life. This will be followed by a powerpoint presentation of the overview of caregiver statistics, identification of stressors that normally occur with caregiving, and description of a successful caregiver stress management program. Questions throughout will be encouraged, and discussion will ensue after the presentation.</p>			
<p>AUDIOVISUAL NEEDS (For cost considerations, please indicate below only the A/V equipment that you actually plan to use. Flip charts, easels, LCD projectors, and laptops will be available upon request. We will attempt to supply other equipment as possible.)</p>			
	Flip Chart		Easel
x	Laptop Computer	x	LCD Projector
	Other (please list)		Other (please list)



The need for Special Accommodations will be respected. Please note what considerations you will require:

none

THANK YOU FOR YOUR SESSION PROPOSAL