



County of San Diego Health and Human Services Agency, Mental Health Services Mental Health Services Act Draft Community Services and Supports Plan

What is the Mental Health Services Act (MHSA)?

In November 2005, California voters approved a measure to expand mental health service funding for a comprehensive, community-based mental health system for Californians who need it most.

The MHSA has six separate components:

1. Community Program Planning
2. Community Services & Supports
3. Prevention/Early Intervention
4. Innovations
5. Capital Facilities & Technology
6. Education & Training

The MHSA calls for five essential elements of a transformed mental health system:

- Community Collaboration
- Cultural Competence
- Client/Family Driven
- Wellness Focus
- Integrated Service Experience

In addition, the MHSA will hold counties accountable for specific outcomes, including:

- Decrease racial disparities, hospitalization, incarceration
- Increase in timely access to care
- Decrease out-of-home placements
- Decrease homelessness
- Meaningful use of time and capabilities

San Diego County's draft CSS Plan is now available for public comment. The draft is available at multiple sites, outpatient mental health clinics, clubhouses, and the Mental Health Network of Care website. Public comment is welcome through November 4, 2005; contact (888) 977-6763 or visit www.sandiegonetworkofcare.org for information on the draft CSS Plan. Planning for other components will get underway in 2006.

Summary Overview

San Diego County Mental Health Services (SDMHS) has completed the Community Services and Supports (CSS) draft plan for how to use new funding from the MHSA (see box at left).

This CSS Plan describes how SDMHS proposes to use approximately \$25 million each year for new community services and supports for children and youth, transition age youth, adults, and older adults.

How Was The CSS Plan Developed?

- Collected a broad range of input about community issues, needs, and services from clients, family members, service providers and other stakeholders.
 - SDMHS conducted 11 Community Forums, 15 meetings for special populations and participated in 30 meetings with consumers at Clubhouses, Board and Care and other facilities;
 - Consumers and family members were hired and helped develop the plan and collected over 900 surveys from consumers.
- Established MHSA Workgroups for Children and Youth, Adults and Older Adults to review community input, prioritize and make service recommendations to the Mental Health Director.
- Established the Cross Threading Workgroup (CTW) composed of clients, family members and advocates to review and finalize the workgroup recommendations. The CTW also made recommendations for the Critical Reserve Needs that support additional services and one-time funds.

San Diego County salutes the input and work of more than 1,000 client, family members and community stakeholders who helped develop this plan. This plan covers a three-year period and will be updated annually.

What Services Are Included In The CSS Plan?

After deliberation, the MHSA Workgroups recommended the following array of services to be funded under the MHSA for all the target populations. These new services are consistent with the community input received, the MHSA, and DMH guidelines. All proposed services are anchored in community collaboration, cultural competence, client/family-directed services and in the principles of rehabilitation, recovery, resilience and children's system of care values.

San Diego County Plan Recommendations

Children and Youth: \$7,037,907

- C.1 \$2 million for **school based outpatient services to include home or clinic based family therapy as needed** for approximately 605 uninsured, non-Medi-Cal children and youth (CY);
- C.2. \$500,000 for(C.2.1) **family and youth peer support self-help**, including education, training and outreach to diverse families and youth and (C.2.2) peer case management for families. Approximately 535 CY will be served;
- C.3 \$400,000 for an **outpatient program** with enhanced services designed to specifically serve approximately 66 Latino and Asian Pacific Islander children/youth with SED and their families;
- C.4. \$750,000 for (C.4.1) **outreach and screening, outpatient mental health services in primary care** clinics to promote integrated service delivery and (C.4.2) **mobile emergency response team** to prevent unnecessary hospitalization. Approximately 850 CY will be served;
- C.5 \$1.06 million in services for un/underinsured children and youth, including **wards and dependents**, from the **juvenile justice system**. Services include integrated outpatient mental health services and intensive case management. Approximately 258 CY will be served;
- C.6 \$300,000 for family therapy programs for parents and **children aged 0-5**, in coordination with the First Five Commission. Approximately 110 C to be served;
- C.7 \$1.65 million to provide intensive case management and "**wraparound services**" for approximately 113 SED children and youth, featuring small caseloads and coordination for wards and dependents from the Juvenile Justice system.
- C.8 \$100,000 to provide mental health services to **children/youth in out-of-home care or at risk of entering out-of-home care to prevent residential treatment/institutionalization** (CWS). Approximately 100 CY will be served;
- C.9 \$280,234 to provide a **walk-in assessment center** that provides emergency mental health evaluations to children and youth located in the **north region** of San Diego County. Approximately 117 CY will be served.

Transition Age Youth (TAY) (Ages 16-25): \$3,729,625

- TAY.1 \$1.67 million to provide intensive 24/7 case management/**wraparound services** for 174 TAY; this program will include 100 **housing** units provided with one-time funds in the first year or by capital facilities funds;
- TAY.2 \$350,000 for **clubhouse** services geared to this age group. Approximately 420 TAY will be served;
- TAY.3 \$600,000 for a **dual diagnosis residential program** with a 12-bed capacity. Approximately 36 TAY will be served;
- TAY.4 \$1.11 million for **enhanced outpatient** services that include rehabilitation and recovery services. Approximately 470 TAY will be served.

Adults: \$8,287,502

- A.1 Almost \$3.37 million in intensive case management/**wraparound services** for severely mentally ill homeless and utilizers of acute inpatient care. This program will also provide an array of housing options. Approximately 200 **housing** units via one-time funds or capital facilities funds will be developed. This program will serve 324 clients;
- A.2 \$1.2 million for outpatient mental health and rehabilitation services, intensive case management and wraparound services for approximately 111 SMI to divert clients from the **justice system**. **Housing** options will be provided and we will seek 100 units to be funded by one-time funds or capital facilities funds;
- A.3 \$420,000 for **client-operated peer support services**, peer education, advocacy, employment support services and skill development classes to be provided in outpatient clinics and Board and Care facilities, serving approximately 1,400 clients;
- A.4 \$70,000 for **family education in English, Spanish, Vietnamese and Arabic**. Approximately 240 family members will be served;
- A.5 \$1.18 million to **enhance existing clubhouses** and expand employment services. Approximately 500 clients will be served;
- A.6 \$350,000 for **supported employment services**, i.e. job screening, job preparation and job placements. Approximately 60 clients will be served;
- A.7 \$700,000 to **co-locate primary care and mental health services** at community health clinics, where unserved linguistically and ethnically diverse groups regularly go for services. Approximately 700 clients will be served;
- A.8 \$1 million to **enhance outpatient** rehabilitation and recovery services for 424 clients.

Older Adults (60 years of age and over): \$2,160,471

- OA.1 \$ 900,000 for 24/7 outpatient mental health rehabilitation and recovery services, intensive case management/**wraparound services** for 83 SMI older adults receiving only emergency services and acute inpatient care. **Housing** options will also be included for approximately 83 units via one-time or capital facilities funds;
- OA.2 \$805,471 for **mobile outreach** to isolated older adults in their homes or to outreach to older adults who are homeless or at risk of homelessness. Approximately 700 clients will be served;
- OA.3 \$455,000 to **co-locate mental health services** at community health clinics using a collaborative approach to treatment in a familiar, comfortable location for services for linguistically and ethnically diverse older adults. Approximately 455 clients will be served.

All Populations: \$389,200

- ALL.1 \$194,600 to provide outpatient mental health services to 65 SED/SMI children, youth, adults and older adults who are **deaf and hard of hearing**.
- ALL.2 \$194,600 to provide outpatient mental health services to 65 SED/SMI children, youth, adults and older adults who are **refugees and victims of trauma**.

What Happens Next?

After the public comment period during the month of October, San Diego County will hold two Mental Health Board sponsored Public Hearings on November 3rd and 4th. In December 2005, a revised draft CSS Plan will be submitted to the San Diego County Board of Supervisors for review and approval. Upon this approval, the final CSS Plan will be submitted to the State Department of Mental Health. The Network of Care Web Site will continue to have updated information.

The State will take up to three months to review and approve the Plan. Planning for the other MHSA components, and related additional funding, will begin during this time.