



Josephine County

Population 83,290*



Kim Miller, Director
Options for Southern Oregon
(541) 476-2373
kmiller@optionsonline.org

Janet Bell, Addictions Services Contract Administrator
Josephine County
500 NW Sixth Street, Grants Pass
(541) 474-5234

Mental Health Services

Screening

Options for Southern Oregon, Inc.
(541) 476-2373

Children: 1181 SE Ramsey, Grants Pass
Adults: 1215 SW "G" Street, Grants Pass

After Hours Crisis

(541) 474-5360

Addictions Services

Screening Referral

(541) 474-5234

Developmental Disabilities

Services

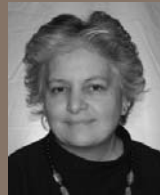
Screening

Community Living Case Management, Inc.
(541) 474-6072
1215 NE 7th Street, Suite "F", Grants Pass
www.clcmoregon.org

Josephine County Board of Commissioners:



Dwight Ellis,
Chair



Sandi Cassaneli



Dave Toler

County government provides in-kind contributions of county-owned land and facilities.

Mental Health Services

contracted to Options for Southern Oregon, Inc.

Early Intervention *contracted to Jackson County ESD*

Outpatient

Family Friends, Adult Resource Team, Children's Resource Team (including intensive community treatment services*), supported education*, supported employment*, mental health treatment study

Residential Services

Carnahan Residential Treatment Facility, Hugo Hills Secure Residential Treatment Facility, children's therapeutic foster care

Community Housing

Southern Oregon Adolescent Study and Treatment Center, supported housing*: The Willows, Blackberry Knoll, Red Oak Manor (Options independent apartments), Manzanita Terrace

Acute Care

Oregon State Hospital (Salem), Three Rivers Community Hospital, Southern Oregon Regional Psychiatric Unit, Subacute: Options Crisis Resolution Center

Recovery Supports

Union Drop-In Center, Options Bridges to Success, case management

Services to Special Populations

- Options Ramsey (polydipsia)
- Options Bridges to Success (homeless): Manzanita Terrace
- Options Dual Diagnosis Outpatient and Residential
- Options Freedom House (women's addiction treatment)
- Options Functional Family Therapy* (for children in juvenile justice)

* An Evidence-Based Practice

*Population Research Center, PSU, March 2009

Josephine County

oversees mental health, addictions and developmental disabilities services planning, quality improvement, and utilization management of state-county shared services

Developmental Disabilities Services

contracted to Community Living Case Management, Inc.

Program Administration

Eligibility determination, quality assurance, foster care licensing, family support, contracts, protective services (investigation, reporting, arrange for alternative care if indicated), eXPRS payment authorizations & monitoring

Service Coordination

Crisis services, referral, person-centered planning, monitoring, advocacy, and information and training *contracted to Jefferson Behavioral Health Developmental Disabilities Region V*

Contract Services

Residential: *Stepping Stone, Center for Continuous Improvement*; Vocational: *SPARC Enterprises, Goodwill Industries, Greenleaf*

The state Seniors & People with Disabilities Division contracts outside of the local planning and quality assurance process for adult support services with **Creative Supports, Inc.**

Addictions Services

contracted to these local providers:

Prevention

- Substance abuse education: Three Rivers and Grants Pass School Districts
- Alternative activities for youth: Focus Teen Council and SNAP!
- Early intervention: Josephine County Early Intervention, Family Friends
- Strengthening Families*

Treatment

- Outpatient services: ADAPT, Choices Counseling Center, Josephine County Community Corrections, OnTrack, Options for Southern Oregon and Crisis Resolution Center
- Residential treatment: OnTrack, Inc. & Options for Southern Oregon, Inc.
- Detox: Three Rivers Community Hospital, Asante Urgent Care, Valley Immediate Care
- Youth services: ADAPT, Choices Counseling Center
- Co-occurring disorders treatment*: Options for Southern Oregon, Inc. Dual Solutions Continuum of Care (Grants Pass)

Recovery

- Peer supports: Alcoholics Anonymous, Narcotics Anonymous, Gamblers Anonymous, AL-ANON, and Celebrate Recovery 12-step programs
- Case management: Josephine Community Corrections and Juvenile Justice, Child Welfare, Choices, OnTrack & Options
- Supported housing*: Community Corrections, Options for Southern Oregon (Manzanita Terrace, Freedom House for women, Ferguson House for men), Umpqua Community Action Network, Independent resources: Gospel Rescue Mission, Oxford Houses
- Supported employment*: The Job Council, Southern Oregon Goodwill Industries

* An Evidence-Based Practice

Drug Court*

Hon. Lindi L. Baker, Presiding Judge

Treatment funded by Community Corrections, enhanced by grants from the Criminal Justice Commission and the Byrne Grant; services provided through Choices Counseling Center



Josephine County's Options for Southern Oregon is a leader in evidence-based programs, with the results to prove it

Options for Southern Oregon combines service delivery with research to augment state and local resources with federal grants. In partnership with Portland State University's Regional Research Institute, Options has implemented and evaluated two innovative community programs.

"Bridges to Success" is targeted to those with mental illness and co-occurring substance abuse who are persistently homeless and resistant to treatment. Its creative and flexible outreach strategy is successful where more traditional therapy was not.

"MERIT (Methamphetamine Early Response Intervention Team)" is an intensive methamphetamine treatment program which uses local inter-agency collaboration to treat the multi-generational substance abuse issues of whole families.

Community partners for these and other Options programs include child welfare, law enforcement and judges, churches, employers, housing agencies and landlords.

In its June 2007 review, PSU found that Bridges to Success increased participants' independent living by 51%. A concurrent review of MERIT showed a steep drop in drug use, reduced crime and an employment rate that more than doubled.



“Janice” is a young single mother of three.

She is a pretty girl who loves nature and animals. When we met her she was living at the Women’s Mission. DHS had taken her children because of her drug and alcohol use. She had no transportation and no job. What Janice did have was a driving desire to get her life back on track and be reunited with her children.

She enrolled in drug treatment and actively participated in her recovery. She held fast to her faith and went to church regularly. Her children visited on the weekends.

We scheduled an appointment with Community Action where she qualified for the rental assistance program, but three kids, the family dog, no credit and little rental history made finding housing a challenge. We found a number of good places but no one was willing to take a chance on her. Then we found the perfect house with a fenced yard and plenty of room for her boys to run. We visited with the owner for an hour and answered some of his follow-up questions over the phone the next day. With the support of Options behind her, the owner decided to rent Janice the house. The Bridges to Success Program connected her with donated furniture and household items.

Today Janice has completed her drug treatment and is clean and sober. She started a job working with animals and loves it. She bought a car with her mother’s help and is making the monthly payments. Her family is in “Functional Family Therapy” and their future is hopeful.



“Jane” began using drugs at the age of 10. By 13, meth was her drug of choice, although as Jane says, “I would take just about anything that altered my mind.” Over the next few years, she dropped out of high school and was kicked out of home. Her addiction led to numerous arrests and convictions for the sale and possession of drugs.

Jane eventually got married, had a son and was able to abstain from using drugs during her pregnancy and for the first year of her son’s life. When her husband lost his job, their life began a downward spiral. She began using meth again with her husband. She felt that she was able to fool everyone and work a 9 to 5 job. “I thought of myself as a functional junkie,” she says. Her meth use led to more arrests and convictions. Her life was out of control. Her probation officer offered her a choice: treatment or prison. “Kicking and screaming,” Jane chose treatment.

Once on the path toward recovery, a metamorphosis began. She could identify the triggers and cravings that led to her drug use and develop coping skills to help her maintain sobriety. Jane says, “I began to feel like a new person. I quit lying to myself and others. I worked very hard and made recovery my first priority. Everything about my life had to change.”

Jane has been drug free for over 7 months. She has a part-time job in the community and plans to begin college in the fall. Her goal is to be a Certified Drug and Alcohol Counselor. She currently speaks on recovery panels in the community and helps others in their recovery from substance abuse. Jane is a testimony that people can succeed when they have hope, work hard, and have resources and community support.