



CAREGIVER SUPPORT GROUP FOR MEN (CSGFM) - *EST. 1998*

***“SHOULDER TO SHOULDER, SUCCESSFULLY
OVERCOMING THE GREATEST OF OBSTACLES”***



CSGFM is comprised of experienced men, who have learned to help themselves with the assistance of the SCRC, and educate other men to successfully manage the lives of those they love, who are affected by disease and a difficult aging process.

When: 2nd and 4th Thursday of the Month

Time: 10:30 - 12:30

Location:



Southern Caregiver Resource Center

3675 Ruffin Road, Suite 230

San Diego, CA 92123

858.268.4432 or 800.827.1008

www.scrc.signonsandiego.com

Facilitated by:

Edward De La Loza, LCSW

LHI Counseling & Consultation

Solution-focused Therapy and Geriatric Care Management

www.LHI.cc / 866-66-LHICC (54422)

Call the **Southern Caregiver Resource Center (800.827.1008)** today to speak with a family consultant about managing any number of caregiver concerns related to the frail elderly, and those afflicted with a diagnosis of, for example, cancer, diabetes, or brain-impairing condition, such as Alzheimer's, stroke, traumatic brain injury, Huntington's or Parkinson's Disease.

To be eligible for services through the **Southern Caregiver Resource Center**, a client must be a caregiver or family member of an adult with “brain damage,” degenerative brain disease, or a brain impairment which occurred after the person was 18 years of age, or a caregiver of a frail adult 60 years or older. Specific services of SCRC may have additional requirements. Most services are at no charge. Both home and office visits are available.

