



Population 1,885*



Kimberly Lindsay, Director
Community Counseling Solutions
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Mental Health, Addictions and Developmental Disabilities Services

Screening

Arlington
(541) 454-2223

Condon
(541) 384-2666
422 North Main Street

After-hours Crisis

Call 9-1-1 dispatch for on-call mental health crisis worker

Gilliam County Court:



Patricia (Pat) J. Shaw,
Judge



Michael Weimar



Dennis Gronquist

County government is the local fiscal agent for state funds and provides program oversight and facilitation of local system planning.

Mental Health Services

Prevention and Early Intervention

24-hour crisis services

Outpatient

Assessment, individual, group and family therapy, medication management*, case management, Intensive Community Treatment Services*, co-occurring disorders treatment*, pre-commitment investigation

Residential Services

Therapeutic foster care (children)

Acute Care

Oregon State Hospital (Salem), St. Charles (Bend)
Subacute: McNary Place

Recovery Supports

Peer support, including operation and management of statewide Peer Warm Line

Services to Special Populations

Community Counseling Solutions staff also provide services in home, school and community settings as needed to meet customer's health and safety needs

* An Evidence-Based Practice

*Population Research Center, PSU, March 2009

Community Counseling Solutions, Inc.

provides and coordinates mental health, addictions and developmental disabilities services, quality improvement and utilization management of state-county shared services

Addictions Services

Prevention

Substance abuse education for youth and families

Treatment

Screening, outpatient and intensive outpatient, MIP/ DUIL mandated treatment, Hardship License monitoring, co-occurring disorders treatment*
Nearest detox facility: Pendleton

Recovery

Peer support services

* An Evidence-Based Practice

Developmental Disabilities Services

Program Administration

Eligibility determination, foster care licensing, family support, contracts, protective services and adult support services. Quality assurance contracted to Eastern Oregon Regional Program

Service Coordination

Referral, person-centered planning, monitoring, advocacy, and information and training. Long-term crisis services contracted to Eastern Oregon Regional Program

Residential, Vocational and Transportation Services

The state Seniors & People with Disabilities Division contracts outside the local planning and quality assurance process for adult support services with **Eastern Oregon Support Services Brokerage**

Gilliam County's Community Counseling Solutions team helps other child-serving agencies be successful

10/29/08

Prepared by:

Vicki Winters, Gilliam County Juvenile Director/Probation Officer

Kirsten Stephens, youth currently under probation and a DHS foster child

Kirsten entered the Gilliam County Juvenile Court system on July 31, 2007 as she admitted and was found within the jurisdiction of the Court and put on probation.

This girl touches the heart of all she meets. Today, she is beautiful and personable, doing well in school, has great goals and is athletic. But when Kirsten entered the juvenile justice system, she and her family desperately needed the community to step forward and help--And it has.

In August 2007, the mental health, alcohol and drug counselor, her parents, the juvenile director and Kirsten met together, concerned that Kirsten wanted to take her own life. I was able to work with Wasco County Youth Services to place Kirsten in a safe home in The Dalles while the alcohol and drug counselor obtained a placement at the Elkhorn Adolescent Facility in Baker City, Oregon. Meanwhile, a team had been put together with DHS, Oregon Youth Authority, school, the local alcohol and drug program, juvenile department and her parents to transition Kirsten back into the home with her mother.

Even though Kirsten graduated from the program and returned home March 3, 2008, the transition plan did not work out and Kirsten was transported to the juvenile detention facility for her own safety. Again, Wasco County Youth Services offered a safe home for Kirsten until a plan was developed.

Already familiar with the family from previous meetings, DHS was able to approach them with a voluntary placement agreement. The family agreed and further services became available once DHS was on board. Kirsten was placed in Heppner, Oregon at a therapeutic foster home which she completed successfully in August of 2008. While in the foster home, Kirsten participated in the Intensive Community Based and Support Services Program, offered by Community Counseling Solutions, the mental health provider for Gilliam County. Kirsten also continued to participate in mental health treatment as well as outpatient drug and alcohol treatment.

During this time, her parents were struggling in their own lives and a petition was filed by DHS and jurisdiction was found by the Court. This made additional services available to Kirsten and her family.

Kirsten was placed in a DHS certified foster family home in Arlington, Oregon August 2008, where she currently resides and is receiving services from mental health, alcohol and drug and school counseling. Several team meetings have been held which include Kirsten, her foster parents, the school, alcohol and drug, DHS and the juvenile department.

The road has not been smooth this last year and a half for Kirsten, her family or the various communities, agencies and programs she has been involved in. But one thing is certain: no one is willing to give up on this girl. She stumbles, we stumble, but we all end up back together figuring out—TOGETHER—what can be done to meet the needs of Kirsten and her family. And not only have the local community members helped, but we have been able to reach out and find solutions to issues in other communities as well.

-Vicki Winters, Gilliam County Juvenile Director

Conclusion from Kirsten:

"Though the path is not easy for me, everyday I strive to make that much more out of my life. I thank everyone for sticking with me and for the realization that I couldn't stay back in that lifestyle. I needed a wake-up call which I definitely got and soon came to the conclusion that I deserved so much better for myself. I needed that push to open my eyes, to see all the wonderful things that are around me and learn to trust myself, trust others and most importantly love myself. Back when I first entered the system, I don't think I was going down a path of righteousness. I'm so glad everyone is in my life still to this day and has not given up hope. Anything is possible if you just stay strong!"

-Kirsten Laura Elizabeth Stephens

