



CONCURRENT SESSION PROPOSAL FORM

Please complete this form and submit electronically to Glenda Rogers at grogers@capcog.org indicating "2010 TCoA Session Proposal" in the subject line. Should you have questions about the proposal process, please contact Glenda at 512.916.6053.

Proposals are due by Friday, October 30, 2009 and may only be submitted via email.

SESSION INFORMATION	
SESSION TITLE: <i>(The session title should simply be a one-line heading for your session.)</i>	The Essence of the Experience of Polypharmacy in the Life-World of Community Dwelling Elders
PRIMARY PRESENTER NAME: <i>(Individual who develops, arranges for co-presenters, oversees and attends the session.)</i>	Dr. Eugenia Blomstrom, PhD., R. N., CNS, Psych/MH
TITLE:	Assistant Professor
ORGANIZATION:	University of Houston-Victoria School of Nursing
ADDRESS:	14000 University Blvd., Ste 349
TELEPHONE:	281-275-3055
EMAIL:	blomstrome@uhv.edu
<i>(Attach a brief, maximum one-page, biography or vita for this presenter.)</i>	<p>VITA</p> <p>Dr. Blomstrom is currently an Assistant Professor at the University of Houston-Victoria, a certified School of Nursing with an MSN, RN to BSN, and a 2nd degree Program. She continues to work as a consultant with the elderly-psychiatric population utilizing therapeutic techniques and a specific focus on medication management.</p> <p style="text-align: center;">Education</p> <p>Ph.D., 2009, University of Texas Medical Branch-Galveston, Galveston, Texas</p> <p>MSN- CNS-Psych/MH, 1995, University of Texas Health Science Center, Houston, Texas</p> <p>BSN, 1987, University of Texas Medical Branch Galveston, Galveston, Texas</p> <p>Diploma, 1971, Hermann Hospital, Houston, Texas</p> <p>Recent presentation in Jerusalem on Elderly Stories About The Meaning of Multiple Medication Usage.”</p> <p>Pending publication; Aging Matters, What the Use of multiple Medication Means to the Community Dwelling Elders</p>

<p>SESSION DESCRIPTION:</p> <p>(Please write a concise, action oriented description that provides important facts and generates excitement about the session. Focus on your primary session objective and let potential participants know what you expect will happen as a result of the session. Focus on issues and outcomes rather than the speakers. Please limit your description to 50 words. This description will be the basis of text used in promotional materials.)</p>	<p>Most of the current literature on Polypharmacy in the elderly population focuses on defining degrees of polypharmacy and on outcomes, such falls and even death. Few studies address the meaning of the experience of polypharmacy, a phenomenon not easily measured or quantified. This study allows new considerations for safe practice.</p>
--	---

LEARNING OBJECTIVES AND RELEVANCE TO FIELD OF AGING

<p>LEARNING OBJECTIVES:</p> <p>(What do you want the audience to learn? Please indicate 2 or 3 learning objectives, being as specific as possible. Consider what the audience is likely to be looking for at the conference when crafting the session objectives.)</p>	<p>By the end of this session, attendees will:</p>
	<p>1. Increase understanding of the experience of polypharmacy in the elderly community from their stories, “I thought I was going to die.”</p>
	<p>2. Describe current prescribing patterns and the need to collaborate with the individual receiving the medications, “for 20 years I took 3 pills that I did not need.”</p>
	<p>3. Consider a consumer focused life-world medication management model (MMM) integrating the voice of the “expert,” the consumer, “I want them to listen to me, I want to be a partner.”</p>

<p>RELEVANCE TO FIELD OF AGING:</p> <p>(How will your session add value to the field of aging? Briefly respond – a few sentences per question.)</p>	<p>1. Why would those working or interested in aging-related Issues be interested in the session?</p> <p>It is estimated that 13% of the population is 65 years and older and consume 33% of all prescriptions. The U. S. Food and Drug Administration (1998-2005) reported increases of 34,966 to 89,842 serious adverse drug events and 5,519 to 15,107 fatal events. Polypharmacy related problems cost 200,00 lives and \$200 billion dollars per year, yet, 95% of medication related problems are predictable and 60% are preventable (Ernest & Ernest, 2001; Hanlon, 2001). Victims of polypharmacy suffer from falls, fractures, drug misadventures, and even death. Polypharmacy is a global issue and a consumer focused medication management model promotes safe practice and positively impacts Healthy People’s initiative to improve quality of life.</p>
	<p>2. How will the session explain a program implementation strategy and identify lessons learned in replicating it for others?</p> <p>Promote an educational model to prescribers at all levels to circumvent costly medication misadventure. Develop an educational consumer focused , life-world driven medication management model (MMM).</p>
	<p>3. How is the specific issue or strategy in your session connected to other work being done on this issue, or how does it represent a change?</p> <p>It represents change for the elderly experiencing polypharmacy in that it, the MMM, has the potential to reduce current problems related to polypharmacy; falls, fracture, misadventures, and even death and improve quality of life and promote safe practice.</p>

--

ADDITIONAL PRESENTER(S)

We *prefer* sessions that have no more than two presenters due to the limited time available per session. **NOTE:** Please tentatively confirm each presenter at this time. The final conference sessions will not be selected and announced until December. You may be asked to make changes to the session as proposed.

ADDITIONAL PRESENTER NAME:	NA
TITLE:	
ORGANIZATION:	
(Attach a brief, maximum one-page , biography or vita for this presenter.)	
ADDITIONAL PRESENTER NAME:	
TITLE:	

2. HOW WILL YOU ENGAGE YOUR AUDIENCE?

--

3. PLEASE PROVIDE A SESSION OUTLINE THAT DETAILS HOW THE SESSION TIME WILL BE SPENT:

--

AUDIOVISUAL NEEDS

(For cost considerations, please indicate below only the A/V equipment that you actually plan to use. Flip charts, easels, LCD projectors, and laptops will be available upon request. We will attempt to supply other equipment as possible.)

	Flip Chart		Easel
	Laptop Computer		LCD Projector
	Other (please list)		Other (please list)



The need for Special Accommodations will be respected. Please note what considerations you will require:

--

THANK YOU FOR YOUR SESSION PROPOSAL