



Population 25,360\*



**Dwight Dill, Director**  
Center for Human Development  
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### **Mental Health, Addictions and Developmental Disabilities Services**

#### **Screening**

(541) 962-8800  
Center for Human Development  
1100 K Avenue, LaGrande

#### **After-hours Crisis Services**

(541) 962-7126

\*Population Research Center, PSU, March 2009

## **Union County Board of Commissioners:**



Nellie Bogue Hibbert



Mark Davidson



Steve McClure

County government provides program oversight and county funding to provide additional indigent alcohol and drug treatment services.

### **Mental Health Services**

#### **Prevention and early intervention**

Early Assessment and Support Alliance (EASA)\*

#### **Adult, Child and Family Outpatient**

24-hour crisis intervention, pre-commitment investigations, screening and assessment, prescribing, medication and case management, individual and group therapy, co-occurring disorders treatment\*, Intensive Community-Based Treatment and Support\* (for children with high-level psychiatric needs)

#### **Community Housing and Residential Services**

Children's therapeutic foster home, day treatment contracted through Grande Ronde Child Center, May Lane Apartments (10 units), referrals for children's residential to Jasper House (Eugene), Inter-Mountain Child & Adolescent Center (Boise) and North Idaho Behavioral Health (Coeur d'Alene)

#### **Acute Care**

Oregon State Hospital (Salem), St. Charles Medical Center and Sageview (Bend); Subacute co-occurring disorders treatment: BestCare Treatment Services (Redmond)

#### **Recovery Supports**

- Peer supports and mentors
- Case management
- Supported housing\* (May Lane Apartments)
- Supported employment\*
- Assertive Community Treatment\*

#### **Programs Unique to Special Populations**

- Dual-diagnosis treatment\*
- Incredible Years\* (parenting training for families at risk for abuse)
- Dialectical Behavioral Therapy\* for adolescents and adults
- Geriatric mental health therapist works closely with elder population and with local office of Seniors & People with Disabilities; implementation of IMPACT Model\* to integrate physical and mental health treatment services is underway

\* An Evidence-Based Practice

## Center for Human Development, Inc.

provides and coordinates integrated public health, mental health, addictions, developmental disabilities and veterans services, regional disaster preparedness, quality improvement and utilization management of state-county shared services on contract with Union County

### Addictions Services

#### Prevention and Early Intervention

"Minor in Possession" education classes

#### Treatment

Outpatient treatment: assessment, individual, group and family therapy for youth and adults, co-occurring disorders treatment\*, Seeking Safety\*, Matrix Model\*.

Detox and Residential Treatment: referrals for detox to providers in Baker and Umatilla Counties; residential treatment referrals to Bestcare (Redmond) and New Directions NW in Baker City, and Eastern Oregon Alcoholism Foundation Pendleton, and Union in Ontario

\* An Evidence-Based Practice

### Developmental Disabilities Services

#### Program Administration

Eligibility determination, quality assurance, foster care licensing, family support, contracts, protective services.

#### Service Coordination

Crisis services, referral, person-centered planning, monitoring, advocacy, and information and training.

**Residential, vocational and transportation services** provided on contract by RISE and New Day Enterprises

### Drug Court, Juvenile Drug Court and DUI Court\*

Hon. Russell B. West, Presiding Judge

*Center for Human Development and the Union County Court are joint recipients of the Oregon Criminal Justice Commission drug court grant. Center for Human Development attends weekly staffings and all participants are admitted to treatment immediately upon entering drug court.*

The state Seniors & People with Disabilities Division contracts outside of the local planning and quality assurance process for adult support services with **Eastern Oregon Support Services Brokerage**

### **Union County Drug Court provides accountability and a second chance**

"I was so dependent on marijuana that when my bag got lower and lower my stress level got higher and higher, I started selling marijuana to support my habit, but usually smoked up all my money. About a year later, I got busted by the Drug Task Force. I was put on probation, but my support system wasn't strong enough for me to stay clean. I still had the mindset that I wasn't doing anything wrong, but in reality I was putting more than myself in jeopardy. My fiancé was pregnant and working on her masters in teaching. Both of us were going to lose everything if I didn't change. I was so angry without my pot that I didn't see what it was doing to me.

It took me 24 hours to realize drug court could help me. My life was very challenging at this time, because drug court was expecting so much from me. At first I thought I couldn't handle it, but I just stuck with it, things slowly started getting easier. I realized it was tough for a reason. I let my guard down enough to see that the drug court team and judges were there to help me if I wanted their help. Drug Court gave me the support I needed to stay clean. The experience changed my life and my outlook on life. I know now how life can be without drugs and violence. Whereas all I knew before is what I learned from watching others use, I now have a foundation to stand on that shows me a better life. I look at my life now and see where I was in the past and recognize the progress I have made in the last 18 months.

I have the life skills that I learned in AA and drug court. Life is and will continue to be a lot easier now that I know I can live without drugs and alcohol. Drug Court has changed my life so much. I feel like I am now a functioning member of society and I am capable of being a great husband, father and family member. I thank you for the opportunity to look at myself, to change myself and to have a better life. "

-2008 Union County Drug Court Graduate